



19th Annual Parkinson's 5K Walk/Run and One Mile Fun Walk

Entry includes:

- Race registration
- T-shirt*
- Goodie bag
- Medal for all race participants
- Trophies for top 3 by age group

*t-shirt size guaranteed if registered by 11/5/2021

When: November 20, 2021

Entry Fee: \$25 Pre-Registration; \$30 Race Day Registration

Location: Battlefield First Baptist Church 5010 S State Hwy Ff, Battlefield, MO 65619

Course: Start at Battlefield First Baptist Church head east on Weaver Rd to McBride Elementary and back

Registration: Forms can be dropped off at or mailed to:
The BodySmith/Parkinson's Group of the Ozarks
1136 E St Louis St
Springfield, MO 65806
<https://runsignup.com/Race/MO/Springfield/PoundthePavement>

Packet Pickup: Friday November 19th from 4PM to 7PM at The BodySmith or 7:00 AM to 8:00 AM on race day at Battlefield First Baptist Church

Questions: Contact Justin Milam (417) 225-2629
Justin@ParkinsonsGroup.org
[Facebook.com/ParkinsonsGroup5K](https://www.facebook.com/ParkinsonsGroup5K)

Cause: The Parkinson's 5K Walk/Run benefits the Parkinson's Group of the Ozarks, whose mission is to educate, support research and improve the quality of life for persons affected by Parkinson's.

ENTRY & RELEASE FORM

YES!

I want to participate in the 19th Annual Pound the Pavement for Parkinson's on November 20, 2021.

Name _____

Address _____

City _____ State _____ Zip _____

Phone () - _____

Email _____

Age on race day: _____ Gender: M F

T-Shirt size: S M L XL XXL XXXL

(If Applicable) Participating in honor of: _____

☐ I can't participate, but please accept my donation

☐ 1 Mile Walk

☐ 5K walk/run

Waiver: in consideration of acceptance of this entry, I know that running a road race is a potentially hazardous activity, and therefore RELEASE AND WAIVE any and all claims for damages against the Parkinson's Group of the Ozarks its members and/or associated agencies, any race workers or volunteers, the city of Springfield, and Greene County for any injuries or illnesses suffered in this event. I will not enter and walk/run unless I am medically able, physically fit, sufficiently trained, and am not participating against doctor's recommendation. I also give my consent to use my photo or video during the event for media and publicity purposes. By execution of this entry form, I acknowledge having read the entry information and this entry form and agree to the terms thereof.

Date: _____

Signature: _____