



2018 Trick or Feet!

5k & 10k Kidney Run, Walk & Roll

to benefit the

National Kidney Foundation of Michigan

Sunday, October 7, 2018

Maybury State Park

49575 8 Mile Road, Northville, MI 48167

****MUST HAVE RECREATIONAL PARK PASSPORT****

Dress to impress! Halloween costumes are encouraged and there will be a costume contest and prizes!

5k Early Registration Fee (before 9-7-18): **\$30**
10k Early Registration Fee (before 9-7-18): **\$40**
5k Late Registration Fee (after 9-7-18): **\$35**
10k Late Registration Fee (after 9-7-18): **\$45**
Mini Monster Dash (children 12 and under): **\$10**

5K AND 10K RUN

BEGINS AT 10:00AM

ALL RUNNERS RECEIVE A FINISHING MEDAL

1/4 MILE MINI MONSTER DASH

BEGINS AT 11:30AM

ALL KIDS RECEIVE A FINISHING MEDAL

REGISTRATION AND PACKET PICKUP WILL BE ON 10/7/2018 AT THE COURSE STARTING AT 9:00 AM.

**MAKE CHECK PAYABLE TO: "NKFM" AND MAIL FORM TO
NKFM, ATTN: RYDER COMSTOCK, 1169 OAK VALLEY DR, ANN ARBOR, MI 48108**

For more info, visit nkfm.org/trickorfeet or contact: Ryder Comstock at rcomstock@nkfm.org, 734-222-9800 ext. 208

RACE APPLICATION

One entry per person and event - May be copied

LAST NAME

BIRTH DATE

FIRST NAME

GENDER

AGE ON RACE DAY

ADDRESS

CITY

STATE

ZIP CODE

E-MAIL ADDRESS

AREA CODE

PHONE NUMBER

Adult T-shirt

☐☐☐☐

Youth T-shirt

☐☐☐

☐ Sign up for our e-newsletter

☐ 5k Run/Walk

☐ 10k Run

☐ Mini Monster Dash

Awards for the 5k Run/Walk/Roll will be given out to the top 3 male and female runners in each age group

Ages groups:

17 and under | 18-29 | 30-39 | 40-49
50-59 | 60-69 | 70+

Waiver: Please accept my entry to the 2018 Trick or Feet 5k & 10k Run/ Walk/ Roll to benefit the National Kidney Foundation of Michigan. I hereby state I have conditioned myself to participate in the event I have chosen. I, for myself, my executors, administration and assigns, do hereby release and discharge the National Kidney Foundation of Michigan, its sponsors, and volunteers from damages, injuries, or expense occasioned by my participation in the 2018 Trick or Feet 5k & 10k Run/ Walk/ Roll to benefit the National Kidney Foundation of Michigan. By signing my name below, I hereby certify that I have read all the terms and conditions of this release and do intend to be legally bound thereby.

Name

Date

Parent/Guardian Signature for anyone under age of 18