



5th Annual 5k4Kids Run/Walk

October 20th , 2018
Race starts 10:30am



Benefitting students enrolled in the Northwest Local School District and other local schools and reading programs.

Cause: All proceeds go toward educational programs within the local area to provide students with the proper foundation for a bright future.

Race : The event will be held at Colerain Park right next to Colerain Middle School located at 4725 Springdale Road. Both Runners and walkers of all ages and experience are welcome. Race will begin promptly at 10:30 am, please arrive no later than ½ hour in advance to check-in/registration.

Chip Timing: Awards will be presented to our top 5 overall Finishers for both the Men’s and Women’s division for categories 12-17, 18-25, 26-35, 36-45, 46-55, 56-65, 66+

Ribbons: Any registered child under 12 will be given a finisher’s ribbon.

Donation: Pre-Race day registration (ends 2 weeks prior to race) will be \$25 (adult) \$20 (ages 12-18) \$10 (for children 11 and under).

Race Day registration will be \$30 (adult) \$25 (ages 12-18) and \$15 for (children 11 and under).

Long sleeve microfiber shirts are available for an additional \$18 while supplies last. We recommend you pre-register to ensure a shirt .

Packet Pick-up: Pick-up your packet the day of registration at the Pre-registration booth. Race-day registration packets will be available at the registration booth. Please arrive at least 30 minutes before the race begins for enough time to register and receive your packet.

For more details, please check-out our website at: <http://www.mhumc.org/5k4kids.html>
To Register Online please go directly to: www.runningtime.net/races/5k4kids

Pre-Race day Registration \$25 for Adult Registration
\$20 for Child Registration (age12-18)
\$10 for Children age 11 and under
(Long sleeve microfiber shirts available for an additional \$18)
Race-Day Registration: \$30 for Adult Registration
\$25 for Child Registration (age 12-18) \$15 (age 11 and under)

Please make all Checks Payable to: **MHUMC 3682 West Fork Road Cincinnati Ohio 45247 with 5k4Kids in the memo**

PLEASE PRINT _____
NAME _____
ADDRESS _____
CITY/STATE/ZIP _____
EMAIL _____ **PHONE** _____
AGE _____ **GENDER** _____ **BIRTHDATE** _____

Shirt Size

YS YM YL S M L XL XXL

Waiver of Liability (Each participant must read & sign below) – I agree that if I participate in this physical activity, program, or event (Reading, Writing, and Running 5k) or use any event facility or event premises, I do so at my own risk. I agree that I am voluntarily participating in the event and using event facilities or premises and assume all risk of injury, illness, damage or loss to me or my property that might result, including, without limitation, any loss or theft of personal property. I hereby consent to receive medical treatment in the event of injury, accident and/or illness during the event. I agree on behalf of myself (and my representative, heirs, executors, administrators, agents and assigns) to release and discharge Monfort Heights United Methodist Church, GHG Timing, Colerain Township and all sponsors, employees, board members, volunteers successors, assigns, agents, representatives and vendors of the above listed entities; from any and all claims or causes of action (known or unknown) arising out of their negligence or from my participation in this event or any of its allied accompanying events. **I acknowledge that photos taken of the event may include images of me and may be included in, but not limited to, future print materials and/or website postings.** I acknowledge that I have carefully read this Waiver and Release and fully understand that it is a release of liability. By my signature below, I am waiving any right that I may have to bring legal action to assert a claim against the aforementioned entities, parents, subsidiaries and affiliates for their negligence. **Important: participants under age 18 must have this form signed by a parent or legal guardian.**

Participant’s Signature

Date