



2016 5K

Saturday, August 6

1730 Lewis Avenue, North Chicago
8:00 a.m.

Awards

- Top overall Male & Female Finishers
- Top 3 Finishers in each Age Group:
 0-5, 6-10, 15-19, 20-29, 30-39, 40-49,
 50-59, 60-69, 70-79, 80+ 11-14
- Hcd" 'A UY/ : Ya UY:]b]g\Yfg]b'
 5XUdhj Y'Gdcfng 5h\`YHg

Details

- Computerized timing provided by T&H Timing
- Water stations on the course
- No dogs, bicycles, in-line skates, scooters or wheeled vehicles allowed on the course
- Jogging strollers allowed at rear of starting corral
- Adaptive sports equipment permitted for physically impaired athletes

Advance Packet Pick-up

- Friday, August 5 - 5:00 p.m. – 9:00 p.m.

Race Day Packet Pick-up

- Saturday, August 6 - 6:00 a.m. - 7:00 a.m.

Presented by:

City of North Chicago, Foss Park District, & NCCUSD #187

5K Family Fun Run & Fitness Walk

Online Registration: NorthChicago.org

"Click on the Community Days Tab"

Mail Registration:

Make checks payable to: City of North Chicago
 Attn: North Chicago Community Days
 1850 Lewis Avenue, North Chicago, IL 60064

Entry Fees:

\$25 adult, includes technical t-shirt*

** Technical t-shirts for registrations received by July 15th*

\$10 under age 18, includes cotton t-shirt

Registration Per Participant

* Required field

*Name

*Waiver Consent Signature / Date

I have fully read and considered all of the terms and statements contained in this release before affixing my signature. Releasor must be over 18 years of age (see reverse for details)

*Gender

*Age on Race Day

*Address

*City / State/ Zip

*Phone

*Email

*T-Shirt Size

Ladies: **S M L XL**
 Men: **S M L XL**

Youth: **YS YM**



ONLINE REGISTRATION

NorthChicago.org

MAIL REGISTRATION

Make checks payable to: City of North Chicago

Attn: North Chicago Community Days

1850 Lewis Avenue, North Chicago, IL 60064

DROP-OFF REGISTRATION

Payment Center Window

1850 Lewis Avenue, North Chicago, IL 60064

5K Information: 847-710-6621

Community Days Information: 847-596-8672

Email: nicolew@northchicago.org

[Facebook.com/CommunityDays](https://www.facebook.com/CommunityDays)

