A CONTRACTOR OF CONTRACTOR OF

5K Family Fun Run & Fitness Walk

Online Registration: NorthChicago.org

"Click on the Community Days Tab"

Mail Registration:

Make checks payable to: City of North Chicago Attn: North Chicago Community Days 1850 Lewis Avenue, North Chicago, IL 60064

EntryFees: \$25 adult, includes technical t-shirt*

* Technical t-shirts for registrations received by July 15th

\$10 under age 18, includes cotton t-shirt

Registration Per Participant

*Required field

*Name					
*Waiver Con I have fully read and Releasor must be ow	sent Signatu considered all of the t er 18 years of age (se	re / Daterms and e reverse f	ate stateme for detail	nts contained s)	I in this release before affixing my signature
*Gender			*Age on Race Day		
*Address					
*City / State	/ Zip				
*Phone			*Er	nail	
*T-Shirt Size	Ladies: S	Μ	L	XL	Youth: YS YM
OILC	Men: S	Μ	L	XL	

Saturday, August 6

1730 Lewis Avenue, North Chicago 8:00 a.m.

Awards

- Top overall Male & Female Finishers
- Top 3 Finishers in each Age Group: 0-5, 6-10, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70-79, 80+ 11-14
- Hcd ' A UY / : Ya UY :]b]g\Yfg]b 5XUdh]j Y Gdcfhg 5h\ YhYg

Details

- Computerized timing provided by T&H Timing
- Water stations on the course
- No dogs, bicycles, in-line skates, scooters or wheeled vehicles allowed on the course
- Jogging strollers allowed at rear of starting corral
- Adaptive sports equipment permitted for physically impaired athletes

Advance Packet Pick-up

• Friday, August 5 - 5:00 p.m. – 9:00 p.m.

Race Day Packet Pick-up

Saturday, August 6 - 6:00 a.m. - 7:00 a.m.

Presented by: City of North Chicago, Foss Park District, & NCCUSD #187



ONLINE REGISTRATION NorthChicago.org MAIL REGISTRATION

Make checks payable to: City of North Chicago Attn: North Chicago Community Days 1850 Lewis Avenue, North Chicago, IL 60064 DROP-OFF REGISTRATION

Payment Center Window

1850 Lewis Avenue, North Chicago, IL 60064

5K Information: 847-710-6621 Community Days Information: 847-596-8672 Email: nicolew@northchicago.org Facebook.com/CommunityDays



North Chicago Community Days 2016 ~ 5K Family Fun Run & Fitness Walk

Participants WAIVER and RELEASE OF LIABILITY

I, _______, for and in return for sufficient, good and valuable consideration, the receipt and sufficiency of which is hereby acknowledged, do hereby release and forever discharge the City of North Chicago, their agents, servants, employees, successors and assigns, and their respective heirs, personal representatives, affiliates, successors and assigns, and any and all persons, firms or corporations liable or who might be claimed to be liable, whether or not named, none of whom admit any liability to the undersigned, but all expressly denying liability, from any and all actions, causes of actions, lawsuits, claims and demands which I may hereafter have, arising out of or in any way relating to any and all injuries and damages of any and every kind, to both person and property, and also any and all injuries and damages that may develop in the future, as a result of or in any way relating to my participation in North Chicago Community Days 2016 5K Race.

I acknowledge that I am voluntarily participating in the Community Days 2016 5K Race, and I waive any claim for any injury that I may suffer as a result.

This Release shall be binding upon the undersigned, and his/her respective heirs, executors, administrators, personal representatives, successors and assigns. This Release shall be subject to and governed by the laws of the State of Illinois.

<u>I have fully read and considered all of the terms and statements contained in this release before affixing my signature on the reverse section of this page.</u>

EXECUTED this _____ day of _____, 2016.