

45th Annual Walpole Labor Day Road Race

*Featuring the Herb Lewis Memorial and John D. Murphy 10K Race
"Walpole Ed" 5K Race/Walk & The Youth Mile Run*

Labor Day - Monday, Sept. 3, 2018
Race begins 9:30 AM at Walpole High School
(Registration table opens at 8:00 AM)

Proceeds to benefit the Walpole High School Boys & Girls Cross Country & Track & Field Teams

FEATURES: USATF Sanctioned. Time Splits at 1-3-5 miles for 10K and at 1-2 miles for 5K. Water Stations each mile. Refreshments. High School Locker Room available for change/showers. Timing provided by Harrier Race Management.

AWARDS: Awards to top 3 men and women in each age group.

PRIZES/RAFFLE BASKETS/SILENT AUCTION

INFORMATION: www.walpoleroadrace.org or contact Race Directors: David Forester (617-780-2917), Timothy Giblin (508-404-7349) or email info@walpoleroadrace.org

ENTRY FEE: Pre-registration: \$30.00. Day of the Race: \$35.00. Ages 14 and under or 65+ yrs: \$15.00.

REGISTER ONLINE: walpoleroadrace.org *until noon the day before the race* or mail this form and fee to Walpole Road Race, P.O. Box 174, Walpole, MA 02081. Mail registration by August 24, 2018.

FREE T-SHIRTS FOR THOSE WHO PRE-REGISTER by AUGUST 4TH!

Checks payable to: **WHS XC Track Boosters**
MAIL to: Walpole Road Race, P.O. Box 174, Walpole, MA 02081

Please Check: 10K: _____ 5K: Run _____ 5K: Walk _____ Youth Mile Run: _____

Name _____ Tel# _____

Address _____ Town _____ State _____ Zip _____

E-mail Address _____

Sex _____ Age _____ T-Shirt Size: S _____ M _____ L _____ XL _____ XXL _____ Child S _____ Child M _____ Child L _____

Age Group: 10&under 11-14 15-19 20-29 30-39 40-49 50-59 60-69 70+

TEAM NAME (if applicable): _____

Waiver MUST be read and signed before mailing:

In consideration of you accepting this entry, I, the participant, intending to be legally bound do hereby waive and forever release any and all right and claims for damages or injuries that I may have against the Event Director, RunSignUp.com, USATF and all of their agents assisting with the event, sponsors and their representatives, volunteers and employees for any and all injuries to me or my personal property.

This release includes all injuries and/or damages suffered by me before, during or after the event. I understand that this event is USATF sanctioned and that bicycles, skateboards, roller-skates or blades are not allowed in the race and I will abide by this guideline. I accept all liability for any accompanying minor, pet, stroller or wheelchair I bring onto the course. I recognize, intend and understand that this release is binding on my heirs, executors, administrators, or assignees. I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able to do so and properly trained. I assume all risks associated with running in this event including, but not limited to: falls, contact with other participants, the effects of weather, traffic, and course conditions, and waive any and all claims which I might have based on any of those and other risks typically found in running a road race. I acknowledge all such risks are known and understood by me. I agree to abide by all decisions of any race official relative to my ability to safely complete the run. I certify as a material condition to my being permitted to enter this race that I am physically fit and sufficiently trained for the completion of this event and that a licensed Medical Doctor has verified my physical condition.

In the event of an illness, injury or medical emergency arising during the event I hereby authorize and give my consent to the Event Director to secure from any accredited hospital, clinic and/ or physician any treatment deemed necessary for my immediate care. I agree that I will be fully responsible for payment of any and all medical services and treatment rendered to me including but not limited to medical transport, medications, treatment and hospitalization.

By submitting this entry, I acknowledge (or a parent or adult guardian for all children under 18 years) having read and agreed to the above release and waiver. Further, I grant permission to all the foregoing to use my name, voice and images of myself in any photographs, motion pictures, results, publications or any other print, videographic or electronic recording of this event for legitimate purposes.

Signature (Parent if under 18) _____