



# WV Strong 5k Run/Walk

Benefitting Flood Victims of Southern WV  
Saturday, July 30<sup>th</sup>, 2016 – 9 a.m.

**Race Location:** Race registration located at Palatine Park, Fairmont. The race begins and ends at the park.

**Entry Fee:** \$20 cash or check

**Race Day Registration:** 8:00 a.m – 8:45 a.m.

**Awards:** Awards will be presented to the top 3 male and top 3 female overall finishers

**Timing:** Generously provided by the NMHS Track Team

## Registration Form

Please complete, detach, and mail the below completed form+payment by July 20 to:  
Alicia Hamrick & Cecilia Lodge, 1614 Morgantown Avenue, Fairmont, WV 26554  
Make checks payable to: Cecilia Lodge

Online registration: <https://runsignup.com/Race/WV/Fairmont/WVStrong5k>

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## WV Strong 5k Run/Walk Registration Form

Name: \_\_\_\_\_

Email Address: \_\_\_\_\_

Address: \_\_\_\_\_

Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_ Age: \_\_\_\_\_ Sex: \_\_\_\_\_

Shirt Size\*: S \_\_\_\_\_ M \_\_\_\_\_ L \_\_\_\_\_ XL \_\_\_\_\_

*\*Cotton race tee for pre-registered participants only (postmarked by July 20)*

**EVENT DISCLAIMER:** Please review the following waiver and disclaimer. **By adding your signature, you accept this waiver and disclaimer.** Waiver and Release: By participating in this Event, I do so at my own risk. I assume all risk of injury, illness, damage or loss to me or my property that might result, including without limitation, any loss or theft of personal property. I consent to medical treatment in the event of injury, accident and/or illness during the Event. I agree on behalf of myself (and my personal representatives, heirs, executors, administrators, agents and assigns) to release and discharge the organizers of this event, its principals, its officers & directors, its employees, all sponsors and their representatives and employees from any and all claims or causes of action (known or unknown) arising out of their negligence. I acknowledge that I have carefully read this 'Waiver and Release' and fully understand that it is a release of liability. By my signature below, I am waiving any right that I may have to bring legal action to assert a claim against any and all Event sponsors for their negligence. I hereby grant full permission to any and all of the foregoing to use my name and likeness in any broadcast, telecast, video or print media reporting or advertising of the Event without compensation.

Signature: \_\_\_\_\_