



Run for the Ribbons
Half Way to St. Patrick's Day
5K Run/Walk



When: Sunday, September 24, 2017 at 10 a.m., rain or shine. Healthy Kids Run starts at 9:50 a.m.

Where: Sully's Irish Pub, 12 West Main Street, Middletown, DE.

Registration: \$25 until Sept 17, \$30 after and on event day. Registration starts at 9 a.m. Free Kiddie K for kids 10 and under. Make checks payable to the Cancer Support Community and mail to TriSports Events, 2772 Hazletville Rd, Dover, DE 19904. Contact Mic at 302-734-0898/mcarlton@cscde.org if you would like to fundraise as a team. **Register online at TriSportsEvents.com.**

Silent Hero: Can't participant in this event but would like to show your support? Register as a Silent Hero!

Awards: Unique Awards for overall male, female, and master's winners. Top 3 male/female runners in 10 year age groups starting with 14 & under thru 70 & over. 5K walk awards to top 5 male/female finishers. Ribbons to all Kiddie K finishers. Awards will be presented immediately following completion of the 5K.

Amenities: Quality 2017 5K Run/Walk t-shirts to all participants. Post race awards and PARTY will take place at Sully's Irish Pub. **Results & photos will be posted at TriSportsEvents.Com.**

Benefits: The Cancer Support Community Delaware provides support, education, and hope to people with cancer and their loved ones through professionally led programs. All money raised, stays in Delaware, with more than 80% going directly to fund our programs which are all offered at **no cost** to our participants.

This is a TriSports Events Chipped Timed Production

-----**Entry Form**-----

WAIVER AND RELEASE OF LIABILITY: I know that running/walking a road race is a potentially hazardous activity. I should not enter and run/walk unless I am medically able and properly trained. I assume all risks associated with running/walking this event including, but not limited to, falls, contact with other participants, the effects of the weather, including high heat and/or humidity, extreme cold, the conditions of the road and traffic on the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your accepting my entry to participate in the 2017 Run for the Ribbons-Half Way to St. Patrick's Day 5K Run/Walk & Kiddie K , I, for myself and anyone entitled to act on my behalf, waive and release TriSports Events Management, the Cancer Support Community - Delaware, The Town of Middletown, The State of Delaware and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I hereby give my permission to the event organizers and sponsors to use my name and/or picture in any publication, broadcast, telecast or other account of this event without limitation or obligation of further compensation thereof. I certify that I have read this wavier and release and fully understand its significance.

Age Day of Race _____ **Sex:** M F **T-shirt Size:** S M L XL XXL

Print Name: _____ **Email:** _____

Address: _____
(Street or P.O. Box) City State Zip

Phone: (____) _____ **Circle One:** 5K Run 5K Walk Silent Hero

Signature: _____
(All participants must sign waiver - Signature of parent or guardian if entrant is under 18)