

2016 Track and 'Fields' 5K and Kids 1 Mile

Registration form

Date: Thursday, August 18th, 2016

(Check one) _____ 1 mile: 6:00 pm \$5.00
_____ 5K: 6:30 pm \$15.00

Please Print. One entry per person. Circle: Male Female

Name _____

Address _____

City _____ State _____ Zip _____

Birth Date _____ Phone Number _____

Email _____

Age on Race Day _____

Release and Waiver (Please read and sign)

I know that running is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I also know that, although the course will be monitored, there could be traffic on the course route; therefore, I assume the risk of running in traffic and on uneven road or field conditions. I also assume there are other risks associated with running this event. I understand I am solely responsible for my own safety while traveling to and from and participating in this event.

I hereby declare myself in good physical condition and able to run or walk in the Twilight Track and 'Fields' 5K and Kids 1 Mile. I do hereby waive and release the individuals associated with this event, its agencies, representative, successors and assigns, from any claims for damages of any nature, including personal injury that I may incur as a result of my participation.

Signature Date

Signature of parent or legal guardian if under 18 years of age Date