

Spruce Pine Skedaddle

Date: July 18, 2015

Time: 8:00 AM

**For race shirt
Pre-register by: July 5, 2015**

Entry fees:

- \$25 Before July 7
- \$35 for late registration
- \$5 for Fun Run

The 5K will begin at Blue Ridge Regional Hospital and travel through the town of Spruce Pine, through the BBQ festival and back to Blue Ridge Regional Hospital.

The fun run will take place on the campus of Blue Ridge Regional Hospital **after** the 5K.

**5K
PRIZES**

Overall: Male/
Female 1, 2, 3

Each Age Groups:
Top Male/Female

under 13, 13-15, 16-19, 20-24, 25-29,
30-34, 35-39, 40-44, 45-49, 50-54, 55-59,
60-64, 65-69, 70-74, 75 and up

**FUN RUN
PRIZES**

Under 13
Overall 1, 2, 3
Ribbons for
all participants

For more information/to
register go to

<http://tinyurl.com/qajt4dp>

Sponsored by:



Mail form and entry fee to:

PLEASE PRINT CLEARLY

Christy Ryerse
P.O. Drawer 9
Spruce Pine, NC 28777

Name _____

Make checks payable to
BRRH

Address _____

Race entering: (circle one)

5K Fun Run

Phone _____

Youth T-shirt size: S M L XL

Adult T-shirt size: S M L XL

E-mail _____

WAIVER: I know that running a road race is a potentially hazardous activity. I should not enter unless I am medically able and properly trained. I assume all risks associated with running this event. Having read this waiver and knowing these facts and in consideration of your accepting my entry fee, I, for myself, and anyone entitled to act on my behalf, waive and release the BRRH, Lee Timing and all sponsors, their representatives and successors, for all claims or liabilities of any kind arising out of my participation in this event.

Signature _____ Date _____

Signature of parent or guardian if under 18 _____ Date _____

Sex _____ Age on race day _____