

# 5th annual RAISING-THE-DOUGH 5K RUN/WALK

**Early Bird registrations received before June 3rd are \$20 and will receive a T-shirt. Past that date are \$25. 7:30-8:30 am Packet Pick-up.**



**Be a Superhero and wear your Superhero outfit in Ann's Memory**

**9:00 A.M. JUNE 10th Bemus Point, NY**



**Maple Grove's Class of 2018 is hosting a 5k Run/Walk in beautiful, downtown Bemus Point, New York. Race Begins and ends in front of Bemus Point Elementary. Prizes for top runners and walkers. Proceeds support the class' senior trip and the Bemus Point Revitalization Project in Ann Dahlberg's honor.**

Race Forms at [www.bigwhitetrailer.com/event/raising-the-dough-5k/](http://www.bigwhitetrailer.com/event/raising-the-dough-5k/)

## REGISTRATION

Pre-register by completing a registration form and returning to Bethany Seastrum. 2947 Johnson Rd. Jamestown NY 14701 by June 3, 2017. Registrations received by this date will be \$20 and will get a t-shirt. After this date and on race day will be \$25 and no shirt. Shirts will be for sale at the race. Packets may be picked up the day of the race beginning at 7:30 am.

## STARTING TIMES

5k Run/Walk –9:00 am  
The course will begin and end in Bemus Point, NY. Parking is available on site.

The proceeds from the Maple Grove "Raising the Dough" 5K on June 10, 2017 will go to benefit the Class of 2018 at Maple Grove High School.

## REGISTRATION FORM

\$12.00 for Shirts at race  
Total! Make checks payable to Maple Grove Class of 2018  
Birthdate \_\_\_\_/\_\_\_\_/\_\_\_\_\_  
5K Run/Walk  
9:00 am  
Pre Reg!  
\$20.00  
Race Day  
\$25.00  
STARTING TIMES  
5k Run/Walk –9:00 am  
Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
Phone: \_\_\_\_\_  
Email: \_\_\_\_\_  
Age: \_\_\_\_\_  
Male Female  
T-shirt size (Circle one)-Guaranteed all pre-registered  
Small Medium Large X-Large XX-Large

I UNDERSTAND THAT PARTICIPATION IN THE RAISING THE DOUGH 5K RUN WALK, IN ANY CAPACITY, IS A POTENTIALLY DANGEROUS ACTIVITY. I ASSUME ALL RISKS ASSOCIATED WITH THIS EVENT, AND BEING LEGALLY BOUND, I AND ANYONE ENTITLED TO ACT ON MY BEHALF, DO HEREBY WAIVE, RELEASE, AND FOREVER DISCHARGE ANY CLAIM, ACTION, OR DISPUTE AGAINST THE CLASS OF 2018, BEMUS POINT CENTRAL SCHOOL DISTRICT, THE VILLAGE OF BEMUS POINT, OR ANY SPONSOR OF THE RACE.

NAME: \_\_\_\_\_  
SIGNATURE ( PARENT/ GUARDIAN IF UNDER 18) \_\_\_\_\_  
DATE: \_\_\_\_\_  
I'm Sponsoring \_\_\_\_\_