

# Athlete Guide 2026



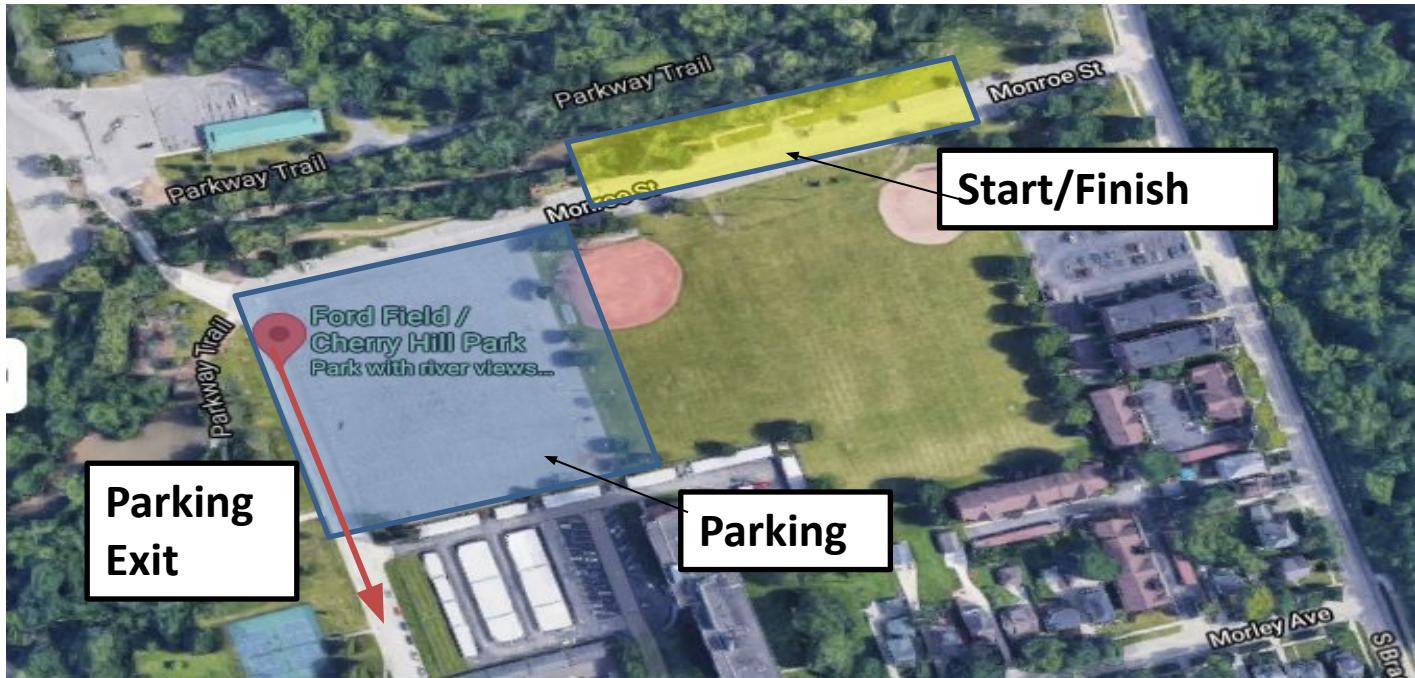
August 9th, 2026

# Race Day Schedule

- Packet Pickup: 6:30 am - 7:50 am
- 5k Pre-race meeting: 7:50 am
- 5k Start: 8:00 am
- Course Closes: 9:05 am
- Awards: 9:10 am
  - 2026 awards not picked up on race day will only be available for pickup at Run the 313 5k.

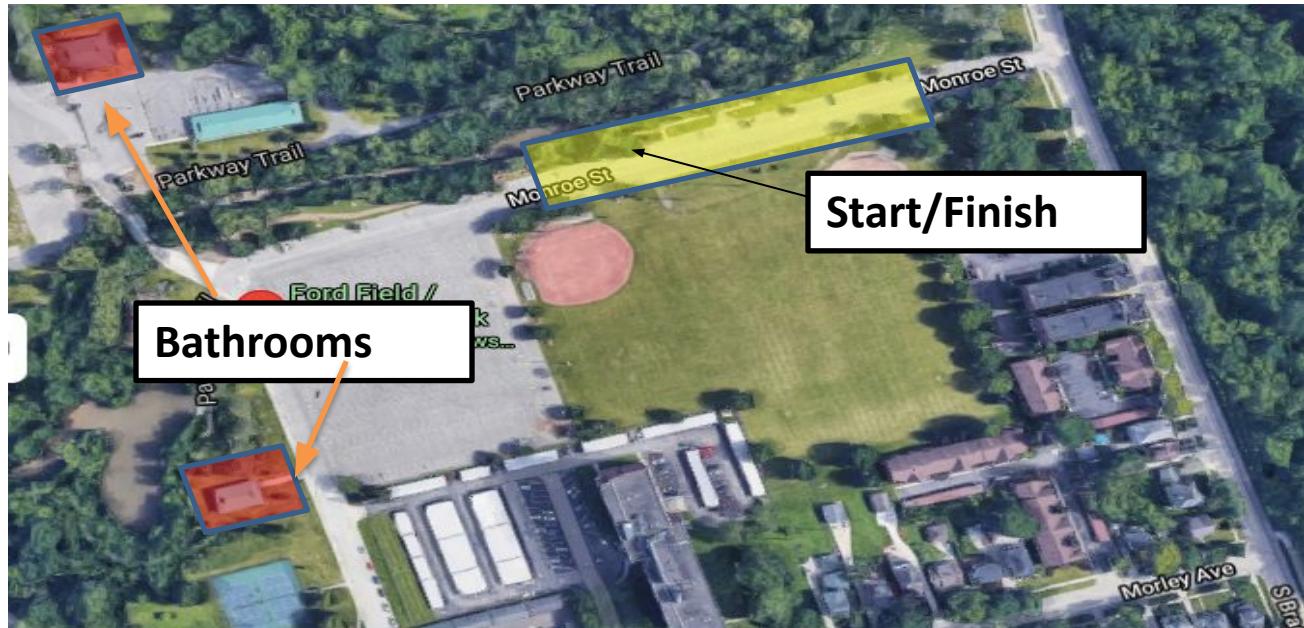
# Parking

There is a large lot for parking. Please note, that you will need to head south out of the park to leave if you leave prior to the end of the race.



# Bathrooms

The park has really great facilities at two locations. The largest set located in the North part of the park across the footbridge.



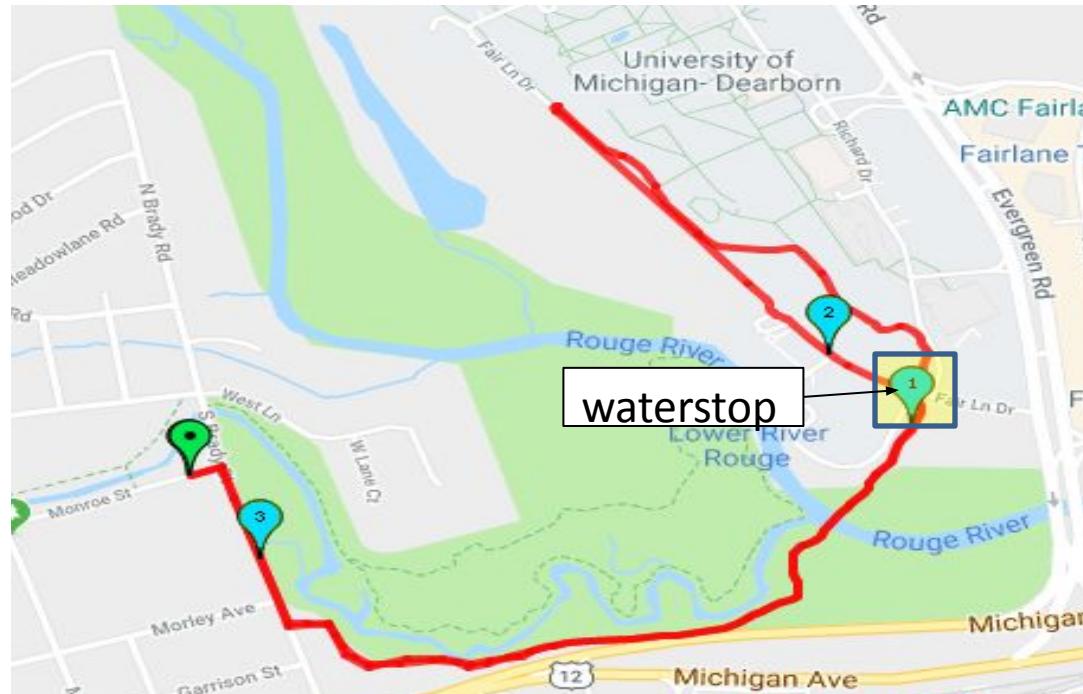
# Course Map ([link](#))

This year's course is a USATF Certified 5k!



# Waterstops

Athletes will come upon ice cold water at Mile 1.1 and Mile 2.2



# Elevation Chart

This is a very flat course with two small up and down hills. The first at mile .85 (up) and the second at 2.4 (up)



# **Awards Categories**

- **Regular Awards:** Awards will be given to the top 3 overall male and female finishers. Awards will also be given to the top 3 males and females in the following age groups in the 5K: 14 and under, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80+

# 2026 Swag Coming Soon!

2025 Participant's Shirt



*In the meantime... check out 2025's items!*