

Athlete Guide 2026



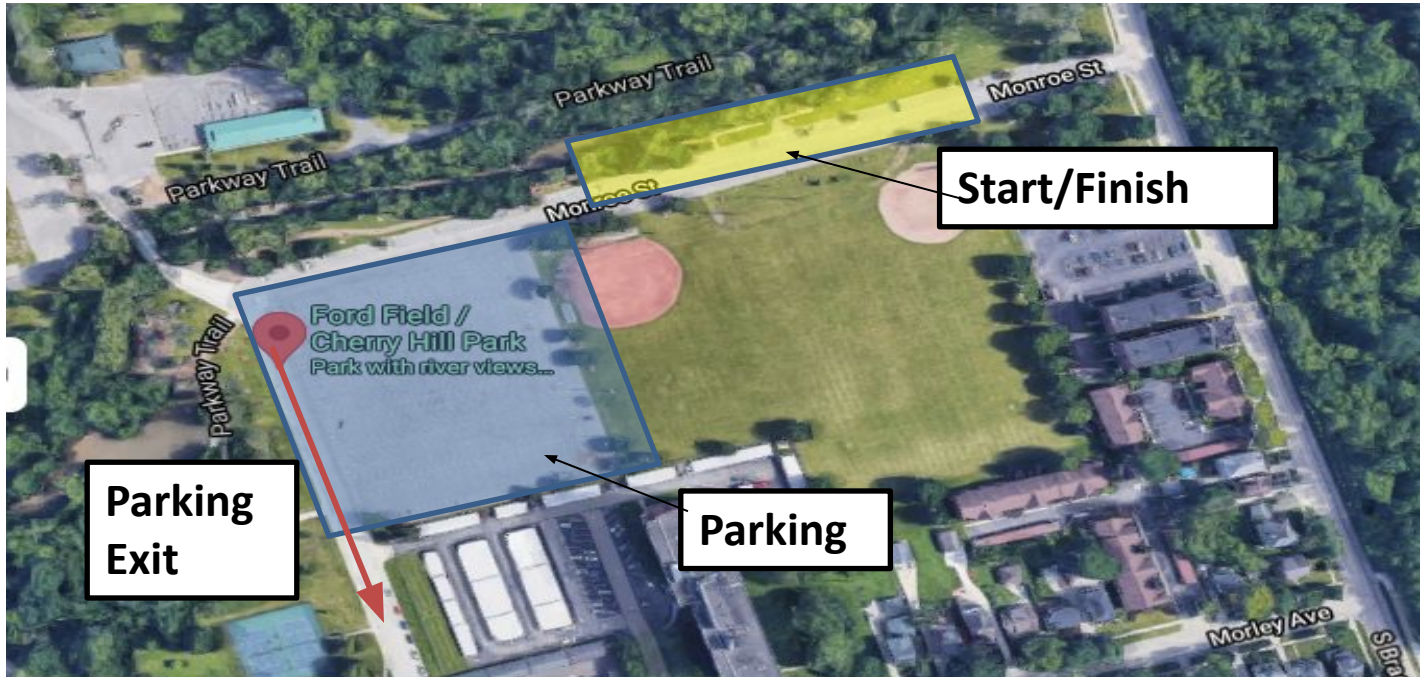
August 9th, 2026

Race Day Schedule

- Packet Pickup: 6:30 am - 7:50 am
- 5k Pre-race meeting: 7:50 am
- 5k Start: 8:00 am
- Course Closes: 9:05 am
- Awards: 9:10 am
 - 2026 awards not picked up on race day will only be available for pickup at Run the 313 5k.

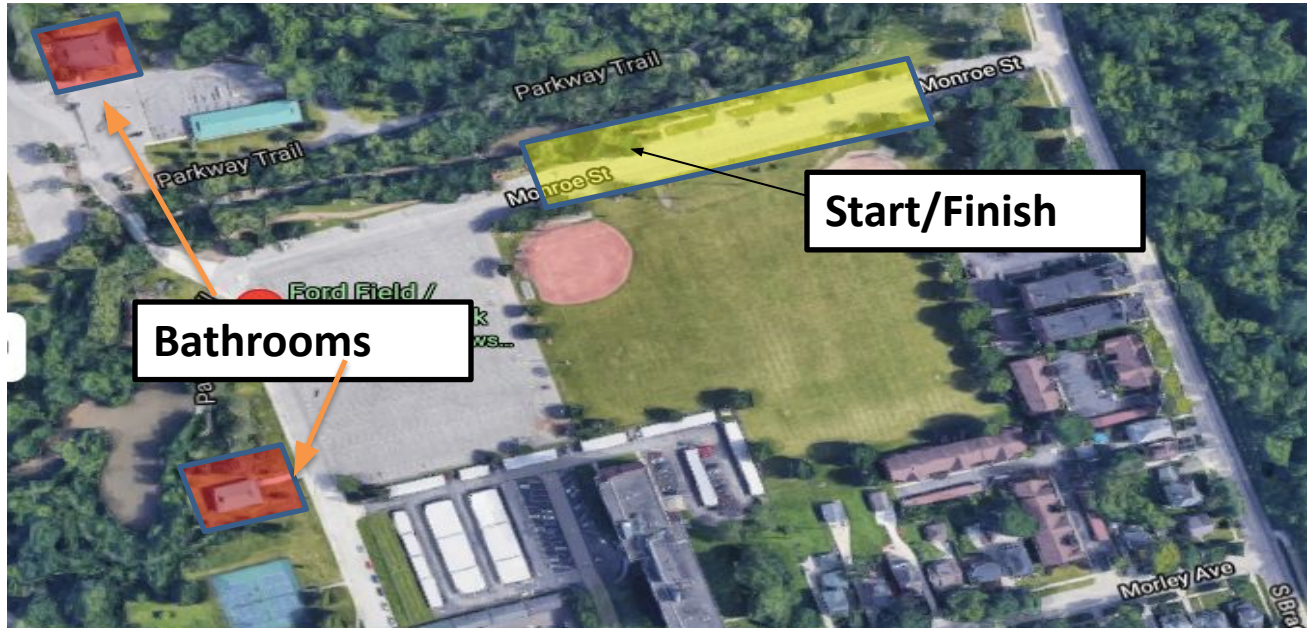
Parking

There is a large lot for parking. Please note, that you will need to head south out of the park to leave if you leave prior to the end of the race.



Bathrooms

The park has really great facilities at two locations. The largest set located in the North part of the park across the footbridge.



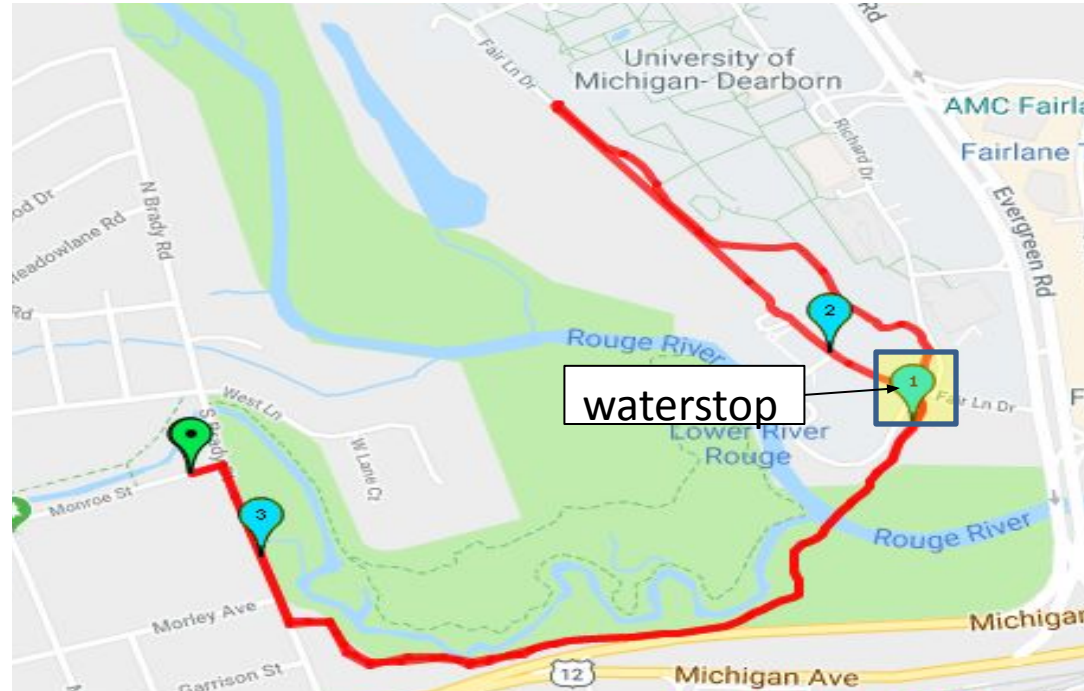
Course Map ([link](#))

This year's course is a USATF Certified 5k!



Waterstops

Athletes will come upon ice cold water at Mile 1.1 and Mile 2.2



Elevation Chart

This is a very flat course with two small up and down hills. The first at mile .85 (up) and the second at 2.4 (up)



Awards Categories

- **Regular Awards:** Awards will be given to the top 3 overall male and female finishers. Awards will also be given to the top 3 males and females in the following age groups in the 5K: 14 and under, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80+

2026 Swag Coming Soon!

2025 Participant's Shirt



In the meantime... check out 2025's items!