



Ship N Shore Shuffle 5K Run/Walk
Saturday, August 13th, 2016
New Buffalo, MI ~ Lions Pavilion
Part of the Harbor Country Fitness Series
Three 5K Run/Walk Events (July 2nd, Aug. 13th, & Oct. 8th)



REGISTRATION FORM			
Name:			
Date of birth:	Age:	Phone:	Gender: M () F ()
Address:		Email:	
City:	State:	ZIP:	
Category: 5K Run () 5K Walk () Kids – 12&Under ()		T-Shirt Sizes (Youth): XS () Small () Med () Large ()	
T-Shirt Sizes (Adult): XS () Small () Med () Large () XL () XXL () XXXL ()			
*Deadline for t-shirts is 8/7/16, if you register after this date we cannot guarantee a t-shirt, thank you!			
Emergency Contact Name:		Emergency Contact Number:	
WAIVER			
In consideration of the foregoing, I, for myself, my heirs, executors, administrators, personal representatives, successors and assigns, waive and release any and all rights, claims and courses of action I have or may have against the Big Smiles 5K Run/Walk, The Dreaming Big Fund, The Logan Center, their agents, employees, officers, directors, successors, assigns, Road Runners Club of America, Epic Race Timing LLC, City of New Buffalo, the Park District, and any and all sponsors, their representatives and successors, that may arise as a result of my participation in the Big Smiles 5k Run/Walk and any pre- and post- event activities. Further, I hereby grant full permission to any and all of the foregoing to use any photographs, motion pictures, recordings, or any other record of this event for any legitimate purpose including commercial advertising.			
PAYMENT INFORMATION			
ADULTS (13 & OVER) - \$30		KIDS (12 & UNDER) - \$20	
Payment Method: Cash () Check () Kiosk-Race Day () *Please make Checks out to: Harbor Country Fitness Series			
CHECK	Name on Check:		
HARBOR COUNTRY FITNESS SERIES – DISCOUNT (Deadline 7/2/16)			
Big Smiles 5K – 7/2/16	Ship N Shore Shuffle 5K – 8/13/16	Harvest & Wine Hustle 5K – 10/8/16	
Receive a discount by registering for all 3 races, and receive a long sleeve event t-shirt upon completion, and entrance in a raffle!			
Adults (13 & Over): \$75 ()	Kids (12 & Under): \$50 ()	Deadline: 7/2/16 @ 8am EDT	
ADDITIONAL DONATION			
Additional Donation Amount:		Total: \$20/\$30 + Additional Donation:	
SIGNATURES			
I authorize the verification of the information provided on this form and agree to the above waiver by signing this form.			
Signature of participant:			Date:
Signature of legal guardian if participant is younger than 18:			
FOR INTERNAL USE ONLY			
Count:		Date and Time Registered:	
Bib Assignment:			

Proceeds from the Ship N Shore Shuffle 5K Run/Walk benefit New Buffalo High School Athletics and New Buffalo Youth Sports.

Thank you for running with us!

Harbor Country Fitness Series: www.hcfitseries.com ~ info@hcfitseries.com