

JUNETEENTH FREEDOM FEST

5K / 1 Mile Run/Walk

8:00 AM, Saturday, June 18, 2016

“...I dream a world where all / Will know sweet freedom's way / Where greed no longer saps the soul / Nor avarice blights our day...” – from I Dream A World by Langston Hughes.

DIRECTIONS to Juneteenth Freedom Fest 5K/1M Run/Walk (see entry form / race flyer below)

From I-35, exit on Berry St., go east, and then turn left on Cobb Dr into Cobb Park.

One also can get directions from the 'Net, by, for example, going to www.yahoo.com, clicking on “Maps” and then on the “Get Directions” link OR www.MapQuest.com. The location address for the race would be 1600 Cobb Park Dr (Fort Worth, TX 76105).

WHEN: 8:00 AM, Saturday, June 18, 2016 [8:00 AM 1M; 8:30 AM 5K]

WHERE: Cobb Park, 1600 Cobb Park Dr, Fort Worth, TX 76105 (a renovated, beautiful park with rolling hills on the course)

ENTRY FEE \$20 for 5K OR \$15 for 1 Mile: Make checks payable to: **Juneteenth 1 Mile.**

& REGISTRATION: Mail to: ASSIST Systems, P.O. Box 3635, Arlington, TX 76007 (**Please mail by 6/11/16**)

OR Walk in: Thru 6:30 PM on 6/17/16 at The Runner, 3535 W. Pioneer Parkway, Arlington, TX 76013 (817)461-2281

OR \$25 (5K) / \$20 (1 Mile) Race Day: 7:00 AM – 7:50 AM, at the race site

PACKET PICK-UP: 10:30 AM – 6:30 PM 6/16/16 – 6/17/16 at The Runner Shop.

AWARDS: 5K *1st Overall/Masters male/female, Top 3: 0-6, 7-8, 9-11, 12-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85+

. No duplication of awards.

1 Mile: Ribbons to all finishers

DOOR PRIZES: Just a few. All participants are eligible. ***Must be present to win.***

PURPOSE/BENEFICIARY: * Unvarnished racing fun.

* Celebrates the 150th Anniversary of Juneteenth – a restoration of human rights & dignity; and the redress of a travesty of delayed justice and an end to servitude & suffering.

* **Proceeds from this race will benefit the Fort Worth African American Museum. Thanks!**

INFORMATION: Contact 817-265-4578 / 817-298-0242 / jephaa@yahoo.com / www.juneteenthftw.com / www.assistsystems-racing-plus.com

Award winners' names will be submitted to the Fort Worth Star-Telegram (but not Dallas Morning News);

Complete results (all finishers) to www.ASSISTSystemsRacing-plus.com, www.runningintheusa.com, etc.

Juneteenth Freedom Fest 5K/1M Run/Walk Entry Form (May be duplicated.)

Mail to: P.O. Box 3635, Arlington, TX 76007 (Make checks payable to: **Juneteenth 1 Mile**)

Name _____ Age (as of 6/18/16) _____ Race: 5K _____ 1 Mile _____

Address _____ City _____

State _____ Zip _____ Gender: F _____ M _____ T-Shirt size (adult) S _____ M _____ L _____ XL _____ 2X _____

Phone # _____ Email Address _____

In consideration of the acceptance of this entry, I, the undersigned, assume full and complete responsibility for any injury or accident which may happen to me during the event known as Juneteenth Freedom Fest 5K / 1 Mile Run/Walk or while I am on the premises of the event, and I hereby release and agree to indemnify, defend and hold harmless the City of Fort Worth, sponsors, promoters, and all other persons or entities associated with this event from all injuries and damages, or otherwise. Registration is final. No refunds.

Signature _____

Parent's/Guardian's Signature (if under 18 years old) _____

Date _____