



8th Annual

Mumau Memorial 5K Run/Walk

Date: Monday, July 4, 2016

Time: Open Registration begins at 7:00 a.m. / Race begins at 8:30 a.m.
(All Road Format)

Location: Riverside Inn, Cambridge Springs, PA 16403

Cost: \$20.00 per participant
(all proceeds benefit CSHS Scholarships/Cross Country & Track teams)

Awards: **Featuring Finney's Chocolate Medals**

Medal Categories for walking and running:

13 & under	14 to 19	20 to 29	30 to 39
40 to 49	50 to 59	60 & above	

Event Tees will be available for purchase the day of race



Mumau Memorial 5K Run/Walk REGISTRATION FORM

Name: _____ Gender: M F

Zip code: _____ Age: _____

E-mail Address: _____

Participating as (circle one) Runner Walker

Please make checks payable to: CSHS XC & Track Club Boosters

Mail to: Mumau Memorial 5K c/o Laura Wright, 23906 Thornapple Drive, Cambridge Springs PA 16403

Register online at: www.bigwhitetrailer.com/register

RACE DISCLAIMER

I, on behalf of myself, my heirs, executors, administrators and assigns, do hereby release the CSHS XC and Track Club Boosters, Riverside Inn, the race directors, sponsors and all officials/volunteers from any claims resulting from my participation in this event. I also pledge that I am physically fit to participate.

Signature (parent or guardian if under 18 yrs. old) _____ Date: _____



Running Bib #: _____

Walking Bib # _____