

30th
Annual!



Knoebel Lumber 5K Road Race

Saturday, October 7, 2023
9:00 a.m. Start

Register Online: www.FalconRaceTiming.com
Available through Saturday, September 30 (\$3 fee).

The Race

Registration: 8:00-8:45 a.m. in Pavilion L

Start: 9:00 a.m. at Pavilion L

Course: Moderately hilly 5K (3.1 miles)
Mixed gravel and asphalt

Water: At second mile post & finish

Finish: Near Covered Bridge entrance to Knoebels
Campground. Refreshments provided.

Showers: Available in the campground.

Fee: \$20 by 9/23/23
\$25 from 9/24/23 until 10/6/23
\$30 race day

Payable to: **"Ralpho Township Public Library"**

All proceeds benefit

Ralpho Township Public Library

(The library welcomes additional donations.)



Awards:

- Free t-shirt to first 250 registrants
- Door prizes: Five, \$25 Knoebel Lumber Gift Certificates
- Plaques to top 3 overall, M/F
- Medals to age group winners M/F, 3 Deep

Age Groups: 9 & under, 10-14, 15-19, 20-24,
25-29, 30-34, 35-39, 40-44, 45-49, 50-59, 60 & over

More Info:

www.knoebels.com/events or (570) 672-2531

**If unable to register online,
mail form with fee to:**

KNOEBEL LUMBER 5K
PO BOX 317
ELYSBURG, PA 17824

Pre-entry forms must be postmarked by 9/23/23.



Name: _____

Address: _____ City: _____

State: _____ Zip: _____ Phone: _____

Email: _____ Gender: _____ Age on Race Day: _____

Adult t-shirt size (circle one): S M L XL OR Kids t-shirt size (circle one): S M L

WAIVER: I waive all claims for myself or assignees against the Ralpho Library, Knoebel Lumber, Knoebels Amusement Resort, H.H. Knoebel Sons, Inc., or any associates of this event and hold them harmless for any and all injuries or illnesses resulting from this event. I am fit and trained for running this event. I also give my permission for the use of my name and/or picture in any broadcast, telecast, or other account of this race.

Signature of participant or parent/guardian of participant under 18:

Name: _____ Date: _____