Hancock Canal Run Entry Form

Mail completed forms and payment to:
UP Health System Portage, Attn: Hancock Canal Run
500 Campus Drive
Hancock, MI 49930

_____ _____
Last Name First Name

_____ _____ _____ _____
Address City State Zip

_____ _____
Email Address Telephone number

_____ ☐ Male ☐Female _____
Date of Birth Gender Fee Paid

_____ _____
Emergency Contact Emergency Contact Telephone number

T-shirt Size In order to receive your shirt on race day (versus 3 wks after) you must register by June 1
Unisex: □S □M □L □XL □XXL □XXXL *Youth*: □S □M □L □XL □ *No shirt*

Average Pace per mile (only needed for running events – if you wish to be in the same wave as friends/family, be sure to select the same pace/mile):
□ Under 9 min/mile □ 9-10 min/mile □ 10 min/mile and above □ Unknown

Which Canal Run event are you registering for? (Check one box)

☐½ Marathon ☐10 Mile Run ☐10 Mile Walk ☐5 Mile Run ☐5 Mile Walk ☐2 Mile Run/Walk

☐Kids Dash ☐Adaptive Race, indicate distance _____

Age restrictions – minimum of 16 for ½ marathon, 13 for 10 mile run, children under 10 need to be accompanied by an adult for 2 and 5 mile runs

Entry Fees	2 mile	5 mile	10 mile	½ Marathon	Kids Dash *no shirt*	Kids Dash *shirt*
Before Jan 1	$30	$35	$45	$55	Free	$15
Before April 1	$35	$40	$50	$60	Free	$15
Before June 1	$35	$45	$55	$65	Free	$15
Before July 10	$40	$50	$60	$70	Free	$15
July 10-15	$40	$55	$65	$75	Free	$15
July 16	$45	$60	$70	$80	Free	$15

* Team discounts: $3 off each entry if 5 or more register as a team, $5 off each entry if 10 or more register as a team.
* $5 off for UPRRC and Veterans/Active Military. *All checks can be made out to 'Canal Run'. * No Refunds.

Waiver

I hereby forever release and discharge on behalf of myself, my heirs and assigns, each sponsoring group, their members, agents or employees, and any person officially or unofficially connected with this event, from all liability, claims, demands, actions and causes of action whatsoever whether this liability arises from bodily injury or death to myself or others, or damage of property owned by myself or others, arising from or relating to my participation in, traveling to and from, or presence at this event, whether caused by negligence or otherwise. I understand and voluntarily assume all risks, dangers and injuries associated with participation in the Canal Run. Furthermore, I grant full permission to any of the foregoing to use my photo or any other record of this event publicity or other legitimate purpose.

Participant Signature: _____ Date:_____
(Parent/Guardian if under 18)