



2013 ZOMBIE DASH - 5K RUN/WALK

UNLEASH THE UNDEAD

SATURDAY, OCTOBER 26, 2013

5K RACE STARTS AT 9:00 A.M.

PRE-REGISTRATION: www.ToledoAreaHumaneSociety.org or at 1920 Indian Wood Circle, Maumee, OH

DAY-OF REGISTRATION: Opens at 7:30 a.m. at Secor Metropark Lone Oak Shelter - 10001 W Central Ave (six miles West of I-475)

COURSE: Start and finish near the shelter. Course is accurately measured and uses the park roads and trails.

AWARDS - 5K RACE (SORRY. NO DOGS ALLOWED)

- ◆ Overall & Overall Master (40+) Male & Female
- ◆ Male & Female Age Group Awards (at least three deep) No duplication of awards
9 & under, 10-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-80+

SHIRTS, REFRESHMENTS & OTHER INFO:

- ◆ All participants registered by October 12 will receive a t-shirt. A limited number of shirts will be available after early-registration.
- ◆ Fruit, sports drinks and other goodies at finish

ENTRY FEES:

- ◆ Runners/Walkers:
 - Early-Registration Entry Fee - \$25.00 (must be postmarked or online by Saturday, October 12, 2013)
 - After Registration & Day-Of Entry Fee: \$30.00
- ◆ Course Zombies:
 - Providing your own make-up - \$15.00 (limited number spaces available)
 - TAHS Make-Up Artist provides make-up - \$20.00 (limited number of spaces available)
- ◆ Entry fees payable to : Toledo Area Humane Society

GOT QUESTIONS: ZombieDash5K@ToledoAreaHumaneSociety.org or 419-891-0705 ext. 305 or ext. 309

2013 ZOMBIE DASH REGISTRATION

Name: _____ Telephone: (_____) _____

Address: _____ City/State: _____ Zip: _____

Email: _____ Allergies: _____

Sex (circle): M F Age (on race day): _____ Date of Birth (MM/DD/YYYY): _____

Event (circle one): 5K Race/Walk Zombie (own make-up) Zombie (TAHS make-up) Shirt Size: S M L XL XXL

In consideration of your acceptance of this entry, I hereby for myself, my heirs, executors and administrators waive and release all rights for claims and damages I might have against the Race Director, Toledo Area Humane Society, Side Cut Metropark sponsors, and all related parties for any and all injury or damage resulting from participating in the above event. I am in proper physical condition to participate in this event.

Signed: _____ Date: _____

Date Received by TAHS: _____

MAIL TO: Toledo Area Humane Society • Attn: Zombie Dash • 1920 Indian Wood Circle • Maumee, OH 43537

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SATURDAY, OCTOBER 26, 2013

5K RACE STARTS AT 9:00 A.M.



Join us for the 1st Annual 5K Zombie Run/Walk at Secor Metropark.
WILL YOU SURVIVE OR LOSE YOUR BRAINS OUT IN THE WOODS?

5K Runners and Walkers will enjoy the beautiful and scenic trails of Secor Metropark.
But beware of the brain-eating zombies trying to "eat your brains" as you navigate the trails!

RUNNER/WALKER ENTRY FEES:

Early-Registration Through Saturday, October 12, 2013 - \$25

(t-shirts guaranteed for early-registered participants)

Registration After October 12, 2013 - \$30

(t-shirts not guaranteed after October 12 registration date)

WOULD YOU RATHER EAT RUNNERS BRAINS THAN RUN THE 5K? BECOME A COURSE ZOMBIE INSTEAD!

Zombies will be located throughout the course and will try to capture the flags from the 5K runners and walkers. Costumes strongly encouraged! *(Course zombies must be 10 years of age and older please.)*

ZOMBIE ENTRY FEE:

\$15 - if unleashing your inner zombie yourself (providing your own make-up)

\$20 - TAHS make-up artists will unleash your inner zombie (we provide the make-up)

Zombie spaces are limited

(t-shirts available for Zombies)

Details & Zombie rules available online.



Presented By:



WWW.TOLEDOAAREAHUMANE SOCIETY.ORG

All proceeds of the Zombie Dash 5K benefit the Toledo Area Humane Society Cruelty Department