

# Memorial Day 5K/1 Mile

## Apple Pie 5K

**Course:** 5K Certified Course  
around Palmetto Circle-YMCA

**Start Time:** 7:00am - at YMCA.

**Awards:**

Top 3 M/F overall, Top 3 in 5 year  
age groups, 10 & under, 11-14, 15-19  
to 80+ Male/Female. Accuchip timing  
results for all finishers.

**Cost:** \$30 Through 5/23.

\$35 After 5/23.

Free entry to active/retired U.S. Armed  
Forces w/proper ID (at Runner's Edge)

## Ice Cream Mile

**Course:** 1 mile loop around  
Palmetto Circle - YMCA

**Cost:** \$20 Age 17 & over.

\$15 Age 16 & under

**Start Time:** 8:00am.

**Awards:** Top 3 male/female Ages 8 &  
under, 9, 10, 11, 12, 13-15.

Ages 16+ no awards.



## Kids Run

**Course:** Various distances based  
on age. Soccer fields - YMCA

**Cost:** FREE

**Start Time:** 8:15am.

Finisher ribbons to all participants.

### Registration & Packet Pick-up:

**May 20th-May 26th**  
**The Runner's Edge**  
**3195 N. Federal Hwy.**  
**Boca Raton, FL**

**Register Online:**  
**[www.runsignup.com](http://www.runsignup.com)**

**Director: Tom Vladimir**  
**(561) 361-1950**

- \* **Post-event food/refreshments**
- \* **Accuchip timing 5K & Mile**
- \* **T-shirts all participants**
- \* **5 year age group awards 5k.**
- \* **1 Mile awards 3 deep-youth.**
- \* **Pie to pre-registered 5K runners (by 5/24)**

All pre-registered  
5K runners will  
receive a Publix pie  
(register by 5/25)

## Race proceeds benefit:



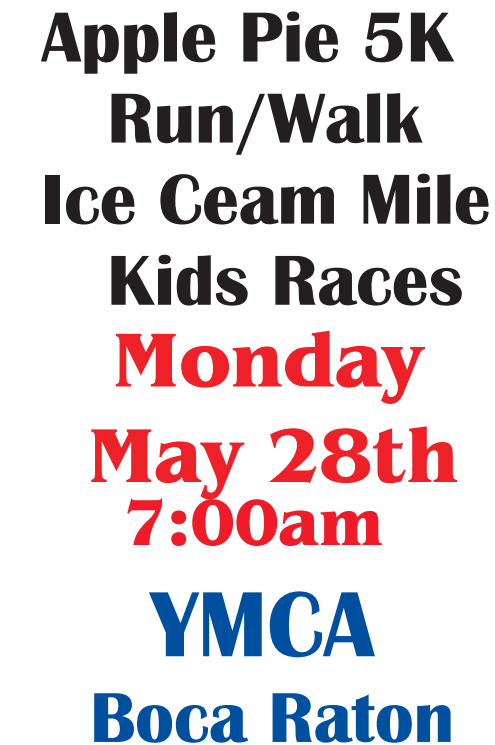
Our mission includes increasing awareness  
through education and research for the  
prevention and cure of breast cancer. To  
further this mission, the Foundation hosts  
educational and sports related events. Our  
goal is to work together so that you, your  
mother, your sister, your best friend, your  
grandmother will one day know a world  
without breast cancer. The EBC Foundation  
is a registered 501-C(3) not-for-profit  
corporation. The net proceeds raised  
through our events benefit community  
partners that share a common vision.

### Location:

**YMCA - Boca Raton**  
**6631 Palmetto Circle South**  
**Boca Raton, FL 33486**

West on Palmetto Park Rd from  
from I-95 2 miles to Toledo Rd,  
right at Toledo, left at stop sign.





THE  FOUNDATION



**Memorial Day 5K/1 Mile  
May 28th, 2018  
YMCA Boca Raton**



# ENTRY FORM

5K: \$30 Adult/\$35 after 5/24  
One Mile \$20 (\$15 under 17).

\_\_\_\_\_

Last Name First Name

First Name

Age

Sex	Age	Age

Address: \_\_\_\_\_

Shirt Size


YM	YI	S	M	I	XI
----	----	---	---	---	----

State \_\_\_\_\_ Zip \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_

Telephone \_\_\_\_\_ Email \_\_\_\_\_

## Email

5/5

1 Mile Kids

**Waiver of Liability-Read Carefully**

I know that running/walking a road race is a potentially hazardous activity. I should not enter and walk/run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the Run/Walk. I assume all risks associated with running/walking in this event, including but not limited to falls, contact with other participants, the effect of the weather, traffic and the conditions of the road, all risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration for you accepting my entry, I for myself, and any entitled to act on my behalf, waive, release and hold harmless the Runners Edge Foundation, Florida Atlantic University, all sponsors, their representatives, and their affiliates from any and all claims or liabilities of any kind arising out of my participation in the event. I grant permission to use any photographs, recordings or any record of this event for any legitimate commercial purpose.

Signature(under 18, parent signature) \_\_\_\_\_ Emergency Contact # \_\_\_\_\_