# Memorial Day 5K/1 Mile

## **5K Run/Walk**

**Course:** 5K Certified Course around Palmetto Circle-YMCA

Start Time: 7:00am - at YMCA...

#### Awards:

Top 3 M/F overall, Top 3 in 5 year age groups, 10 & under, 11-14, 15-19 to 80+ Male/Female. Accuchip timing results for all finishers.

**Cost:** \$30 Through 5/23. \$35 After 5/23

Free entry to active/retired U.S. Armed Forces w/proper ID (at Runner's Edge)

## **One Mile**

Course: 1 mile loop around Palmetto Circle - YMCA Cost: \$20 Age 17 & over. \$10 Age 16 & under

Start Time: 8:00am.

Awards: Top 3 male/female Ages 8 &

under, 9, 10, 11, 12, 13-15.

Ages 16+ no awards.



### **Kids Run**

**Course:** Various distances based on age. Soccer fields - YMCA

Cost: FREE

Start Time: 8:15am.

Finisher ribbons to all participants.

#### **Registration & Packet Pick-up:**

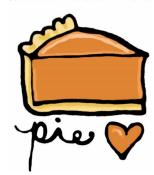
May 20th-May 27th
The Runner's Edge
3195 N. Federal Hwy.
Boca Raton, FL

## Register Online: www.runsignup.com

Director: Tom Vladimir (561) 361-1950

- \* Post-event food/refreshments
- \* Accuchip timing 5K & Mile
- \* T-shirts all participants
- \* 5 year age group awards 5k.
- \* 1 Mile awards 3 deep-youth.
- \* Pie to pre-registered 5K runners (by 5/25)

## WILL RUN FOR



All pre-registered runners will receive a pie (register by 5/25)

#### Location:

YMCA - Boca Raton 6631 Palmetto Circle South Boca Raton, FL 33486

West on Palmetto Park Rd from from I-95 2 miles to Toledo Rd, right at Toledo, left at stop sign.



Signature(under 18, parent signature)	Waiver of Liability-Read Carefully I know that running/walking a road race is a potentially hazar decision of a race official relative to my ability to safely compact with other participants, the effect of the weather, traft these facts and in consideration for you accepting my entity. Florida Atlantic University, all sponsors, their representative I grant permission to use any photographs, recordings or an	TelephoneE	Citys	Address:	Last Name	Checks Payable to: Runners Edge Foundation 3195 N.Federal Hwy.,,Boca Raton, FL 33431
Emergency Contact #	Waiver of Liability-Read Carefully  I know that running/walking a road race is a potentially hazardous activity. I should not enter and walk/run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the Run/walk. I assume all risks associated with running/walking in this event including but not limited to falls, contact with other participants, the effect of the weather, traffic and the conditions of the road, all risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration for you accepting my entry. I for myself, and any entitled to act on my behalf, waive, release and hold harmless the Runners Edge Foundation, Florida Atlantic University, all sponsors, their representatives, and their affiliates from any and all claims or liabilities of any kind arising out of my participation in the event. I grant permission to use any photographs, recordings or any record of this event for any legitimate commercial purpose.	Email 5K 1 Mile Kids	State Zip Shirt Size YM YL S M L XL	Age Sex M F	First Name	ENTRY FORM 5K: \$30 Adult/\$35 after 5/25 One Mile \$20 (\$15 under 17).

Presort Standard U.S. Postage PAID Boca Raton, FL Permit No. 1767

3195 N. Federal Hwy. Boca Raton, FL 33431



## 5K Run/Walk 1Mile & **Kids Races Monday** May 29th 7:00am **YMCA Boca Raton**

Pies to finishers! Free entry active/ retired U.S. Armed



Forces w/ID.

**YMCA Boca Raton** May 29th, 2017

**Memorial Day 5K/1 Mile**