



Princeton Athletic Club Presents

# Twilight All-Comer Track Meets

**Wednesdays – June 8, 15, and 29**



Sanction 16-07-171

Sign-in opens at 5:15 PM.

Online entry – [www.princetonac.org](http://www.princetonac.org)

Field events from 5:30 PM.

**Track events open with slowest distance heat at 5:50 PM.**

|                     |                                                                                                                                                                                                                                                                                                                                                                                                                                                            |                                                                                                                                                                                                                                                                                                                                                                     |
|---------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Where</b>        | <b>Princeton High School, Walnut at Guyot</b>                                                                                                                                                                                                                                                                                                                                                                                                              |                                                                                                                                                                                                                                                                                                                                                                     |
| <b>When</b>         | <b>Wednesdays! June 8, 15, 29. No meet on June 22.</b><br>Registration from 5:15 to 6:15 PM.<br>Field events (shot put, long jump) at 5:30 PM.<br>Please preregister – it's cheaper and helps with schedule and scoring.<br>Events on the track begin at 5:50 PM.                                                                                                                                                                                          |                                                                                                                                                                                                                                                                                                                                                                     |
| <b>Entry</b>        | <b>\$15 till ten days prior, then \$20 online. Day-of entry is \$25.</b> No mail-in. No checks.<br>Pick any events for one fee. We plan to take credit cards at the event – see web site to confirm.<br><i>35% discount for PAC members – online only.</i><br>Event crew for May 25 + June track series – help at one meet, get a free entry (transferable) for next meet.<br>We need a crew to make this event go, so please consider signing up to help. |                                                                                                                                                                                                                                                                                                                                                                     |
| <b>Online</b>       | <a href="http://www.princetonac.org">www.princetonac.org</a>                                                                                                                                                                                                                                                                                                                                                                                               |                                                                                                                                                                                                                                                                                                                                                                     |
| <b>Events</b>       | Check web site. Track events begin at 5:50 with slowest distance heat. Order is distance, 400, sprint, 800, relay. <b>FAT (fully automatic timing)</b> by Tomahawk Timing*. Distance is 1500 to 3200. Sprint is 100 or 200. Relay is typically 4x400. Heats determined event day. Events will run continuously. Relays may be formed on the day.<br><b>Sprinters... BYO Blocks.</b><br>*Slow distance heat may be hand timed.                              | Field events begin at 5:30.<br><b>Shot put followed by long jump.</b><br>Will run concurrently if sufficient crew.<br>3 or 4 attempts, subject to number of entries.<br>No finals. <b>Throwers... BYO shots. Limited selection of youth weights may be available.</b><br><br>Triple jump or high jump may be added, <i>depending on level of volunteer support.</i> |
|                     | This is an all-comer meet. High performance – please contact meet director <a href="mailto:track@princetonac.org">track@princetonac.org</a> to see whether we can accommodate. 30 days notice preferred.                                                                                                                                                                                                                                                   |                                                                                                                                                                                                                                                                                                                                                                     |
| <b>Volunteer</b>    | Sign up online, or <b>contact meet director</b> Lawren Smithline <a href="mailto:track@princetonac.org">track@princetonac.org</a>                                                                                                                                                                                                                                                                                                                          |                                                                                                                                                                                                                                                                                                                                                                     |
| <b>How it works</b> | We like to have fun and promote track in Princeton. Whether you're 5 or 95, show up and have some fun. We do this in an informal atmosphere, so come out, relive the glory days, and catch a glimpse of future greats. Heats arranged by estimated time. Fast or slow, everyone gets a great run.                                                                                                                                                          |                                                                                                                                                                                                                                                                                                                                                                     |
| <b>PAC</b>          | Princeton A. C. is a 501(c)3 non-profit. Memberships available. Online at <a href="http://www.princetonac.org">www.princetonac.org</a>                                                                                                                                                                                                                                                                                                                     |                                                                                                                                                                                                                                                                                                                                                                     |
| <b>Thanks</b>       | Sponsorships available!                                                                                                                                                                                                                                                                                                                                                                                                                                    |                                                                                                                                                                                                                                                                                                                                                                     |