

**MONTGOMERY SCHOOL COMMUNITY ASSOCIATION
PRESENTS THE
"CENTENNIAL 5K"**

5K COMMUNITY RUN,*5K Relay Team Run Followed by 1 Mile Fun Run/Walk

Friday, April 15, 2016-6:00PM Start

Location/Registration: Registration/number pick up at Montgomery School starting at 5:15pm. 5K at 6:00pm, 1 Mile Run/Walk at 6:15pm. Event will be held rain or shine.

Amenities: T-shirt to all registered by April 8th, T-Shirts to registrants after April 8th, upon availability. All registered runners/walkers receive an OMG Smoothie and a banana. Prizes awarded to top runners in various age groups.

Grade with largest percentage of students participating will win a pizza party for their grade.

Entry: \$25 per participant

Mail Checks (Payable to "MSCA") and this Form to: Montgomery School Community Run, 1141 Kimberton Road, Chester Springs, PA 19425 or drop off at the Farmhouse with Patty Kirkner. Or register ONLINE at: www.runccrs.com No refunds will be issued.

Last Name:_____ First Name:_____

Address:_____

City/State:_____ Zip:_____ Phone:_____

Email:_____ Age: Adult or Child Grade:_____

Race (circle one): 5K 5K Relay 1 Mile Shirt Size: YS YM YL S M L XL

5K Relay Team Run--3 teammates can each run 1 Mile of the 5K as in a relay race

*****WAIVER AND RELEASE, MUST BE SIGNED ON BACK OF THIS PAGE TO PARTICIPATE!!!!!!**

*****Waiver and Release:** I know that running a foot race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any and all decisions of a race official relative to my ability to safely complete the run. I assume all other risks associated with running or attending the race including but not limited to falls, contact with other participants, the affects of the weather and condition of the course, all such risks being known and appreciated by me. Knowing these facts, and in consideration of your accepting my entry fee, I hereby, for myself and anyone entitled to act on my behalf waive, release and discharge Montgomery School and any subcontractors it utilizes, all munitipalities in which the race is held, the race committee, volunteers , and any and all sponsors including their agents, employees, or anyone acting on their behalf, or anyone else associated in any way with the race, from any or all claims or liability for death, personal injury or property damage of any kind whatsoever arising out of, or in the course of my participation in this event. This waiver extends to all claims of every kind or nature whatsoever, foreseen or unforeseen, known or unknown.

I grant permission to Montgomery School to use any photographs, motion pictures, recordings or other record of this event for any legitimate purpose, without compensation. I HAVE READ AND UNDERSTAND THIS WAIVER: (if under 18, legal guardian must sign)

Signature: _____ Date: _____