



21st Annual Summer Sunrise Watermelon Series



Presented by:

When:

Saturday June 4th, June 25th, July 23rd, August 20
RACES START PROMPTLY AT 7:00 AM

Entry Fee:

Series Registration (4 races): \$40.00*

***If postmarked by May 27, 2016**

Series Late Registration: \$45.00 due by June 4th

Individual Races: \$15.00 each

Technical Race Shirt:

Gender specific shirts. Must register for all 4 races by June 4th to receive a t-shirt.

Additional Information:

Visit www.lakelandrunnersclub.org or e-mail Angi Griffin and Lynn King for information regarding awards, volunteer opportunities, and much more at watermelon5Kseries@gmail.com. Connect with us on Facebook "Watermelon 5k Series".

Where:

Beautiful Lake Hollingsworth
Lakeland FL

Registration:

Race Day Registration: 5:45–6:45 AM

Online Registration: www.active.com

ONLINE REGISTRATION CLOSES –
May 31, 2016, midnight

Race number pick up:

Each Friday night before race day –
FITniche/Lakeside Village 4:00-8:00 PM.
Race day pick up - 5:45-6:45 AM.

Series Awards:

Awards will be given to male and female overall winners, overall Masters (40 and over) winners, and overall Grandmasters (50 and over), plus 3 deep in age groups. See LRC website for details.



~~ Please return the bottom portion with your payment ~~

2016 WATERMELON 5K SERIES ENTRY FORM

4 Race Series Entrant \$40 Single-race entrant \$15 each: June 4 June 25 July 23 Aug. 20

Make checks payable to LRC & mail to: LRC-Watermelon, PO Box 1484, Lakeland, FL 33802 ****Entry Fees Nonrefundable****

Shirt Size: Men's XS S M L XL 2XL Women's XS S M L XL 2XL



NAME: _____ DOB: _____ AGE ON RACE DAY: _____ SEX: _____

ADDRESS: _____

CITY/STATE/ZIP CODE: _____



PHONE: _____ EMAIL: _____

Waiver: I hereby, for myself, my heirs, my executor and administrators, waive and release all claims for damages I may have against the Lakeland Runners Club, Inc., all sponsors, volunteers, officials and organizers of this event. I attest and verify that I am physically fit and sufficiently trained for the competition of this event. Parent signature required if participant is under 18.

SIGNATURE: _____ Date: _____