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PAID
PERMIT #03286
BIRMINGHAM, AL

To register:

Make check payable to

**GLENWOOD, INC.** 

Mail registration form and fee to:

2361 Fairlane Drive Montgomery, AL 36116

or visit www.Active.com

Registration on the morning of the race will be held from 7a.m. to 7:30 a.m. for the 5K, and 7:30 a.m. to 8:30 a.m. for the 1-Mile Fun Run/Walk



Thank you to the **River Region Runners** for their support & race day services



5K Run at 8:00 am 1-Mile Fun Run/Walk at 9:00 am

benefiting

the Montgomery Services of







The Center for Child & Adolescent Development (CCAD) was aquired by Glenwood, Inc. in October 2015 to allow both organizations to better serve families in the Central Alabama region. CCAD was the successor agency to David B. Monsky Developmental Clinic that operated from the 1950s through 2005.

The mission of Glenwood is to provide behavioral health care and educational services for individuals with Autism Spectrum Disorder and severe emotional disturbances. Our services are provided in a least restrictive setting, through a continuum of care, with the highest respect for individuals and families served. In addition to direct care services, Glenwood provides consultation and training for mental health and educational professionals and promotes research in these specialized areas. Glenwood, Inc. is a 501(c)3 nonprofit organization.

Glenwood's Montgomery services provide screening, comprehensive diagnostic evaluation and therapeutic services to children and adolescents as follows:

- Autism Assessment Clinic
- •Applied Behavior Analysis therapy for children diagnosed with Autism Spectrum Disorders
- •Developmental screening of infants and toddlers
- Individual and family counseling
- •Speech and Occupational therapy evaluations and treatment
- •Psychological & psycho-educational diagnostic evaluations

Questions about the race or Glenwood? Contact Teresa Green at (334) 262-5744 or tgreen@glenwood.org

## **Run for Autism!**

Register by mail or at Active.com

## Location:

2361 Fairlane Drive Montgomery, AL 36116

(We are located in Executive Park. From the Eastern Blvd. take Park Blvd. into Executive Park. Turn left onto Fairlane Drive. The first building on the left.)

**Course:** The race will begin near the Glenwood office building in Executive Park. The 5K run will proceed through the Executive Park complex and into Green Acres neighborhood, and end back near the Glenwood building.

**Age Groups:** 5K Run – Ages 20 & below, 21 to 30, 31 to 40, 41 to 50, 51 to 60, 61 & above. 1 Mile Fun Run – All ages

**Refreshments:** Water, drinks, and snacks will be available at the finish line.

**Gift:** The first 200 registrants will receive a unisex cool technical shirt.

**Awards:** Bobblehead trophies awarded to top 3 male and female runners, top masters, and top 3 in each age group in the 5K run.

## Fee:

5 K Run	\$25.00
1 Mile Fun Run/Walk	\$10.00
Sleeping In (just a t-shirt)	\$25.00

## **Registration Form**

Name:
Address:
City:
State: Zip:
Telephone: ()
Email:
Age: (as of April 23, 2016) Sex:
I'm running in honor of:
Check entry:
( ) 5K Run ( ) 1-Mile Fun Run/Walk
( ) Sleeping in (but I still want a shirt!)
Circle Preferred Shirt Size: Youth M or L
Adult S M L XL XXL
Donation \$
In consideration of the acceptance of this entry, I hereby, for myself, my heirs, executors, administrators, and assigns, and anyone entitled to act on my behalf, release and discharge <b>Glenwood</b> , <b>Inc.</b> , their sponsors, representatives and successors, promoters, managers, directors, officials, agents, employees, and volunteers in the Run from any and all claims of injury or liabilities of any kind, illness or damages, suffered by me (and/or my family members) as a result of participation in or traveling to or from this event. I know that running or walking in a road race is a potentially hazardous and strenuous activity that requires proper physical conditioning. I should not enter to run or walk unless I am medically able and properly trained, and I certify, by signing this form, that I am in such physical condition and good health. I agree to abide by any decision of a race official relative to my ability to safely complete the run or walk. I assume all risks associated with running or walking in this event, including (but not limited to) falls contact with other participants, effects of the weather (including heat or humidity), traffic and road conditions, all such risks being known and appreciated by myself.
Signature:
Date: