



\$20 mail-in/online

\$25 Race Day

Checks to: Rustin NHS

Prizes: Awards will be given to the winner of each age group and the overall male and female winners.

Age Groups: under 12, 13-15, 16-19, 20-29, 30-39, 40-49, 50 and over.

5-K Race/Walk

1-Mile Kids Fun-Run

Saturday, April 23rd, 2016

9:00 AM

Bayard Rustin High School

****Start/Finish on Rugby Field****

Detach below and send to: NHS, 1100 Shiloh Road, West Chester, PA 19382 or register online at www.runcrs.com

Questions? Email nhsrace@gmail.com

First Name: _____ Last Name _____

Address: _____ City: _____ State: _____

Zip Code: _____ Email: _____ Phone #: _____

Sex: M F Age: _____

Shirt Size: S M L XL

Waiver:

In consideration of the acceptance of this entry, I hereby waive and release any and all rights and claims for damages that I or my heirs may have against the WCASD and/or the Chester County Running store, its officials, race sponsors and volunteers. I certify that I have properly trained for this event and have been medically certified to be able to participate in this event.

Signature _____ Guardian Signature if Under 18 _____