

Visit www.baconstreet.org to learn more and register today!

\$25 pre-registered (postmarked by May 20, 2016) \$30 after May 20, 2016 and on race day \$10 for 1 mile fun run/walk

RACE ENTERED (circle): 5K Run

T-shirts guaranteed to all runners for registrations received by 5:00 pm, May 20th. All others while supplies last.

ENTRY FEES ARE NON-REFUNDABLE

5KWalk

Register by mail/in person:

Bacon Street Youth and Family Services 247 McLaws Circle Williamsburg, VA 23815 (one form per entrant)

Register online: www.baconstreet.org



A Colonial Road Runners Grand Prix Event

Please print NAME:					SEX (circle): F M AG	E ON RACE DAY		
ADDRESS:									
PHONE:	Street			EMAIL:		City	State	Zip	
T-SHIRT SIZE (circle):	Youth- S	M	L Adult- S	M L X	XXL				

WAIVER: I know that running/walking a road race is a potentially hazardous activity. I should not enter unless I am medically able and properly trained. I agree to abide by any decision of a road race official relative to my ability to safely complete the run. I assume all risks associated with running in the event including, but not limited to: falls, contact with other participants, the effects of weather, including high heat or humidity, traffic, and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I for myself and anyone entitled to act on my behalf, waive and release the Colonial Road Runners, James City County, Eastern State Hospital, Bacon Street Youth and Family Services, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event. I grant permission to all of the foregoing to use any photograph, motion pictures, recording or any other record of this event for any legitimate purpose. In consideration of the safety of all participants, NO baby joggers, baby strollers, headphones, animals on leashes, skateboards, rollerblades, or skates will be allowed.

1 Mile Run/Walk

SIGNATURE:	DATE:
516: WITCHE.	

All entrants must sign waiver (parent's signature if under 18 years old)

For questions contact: Chelsea Jones, Bacon Street Youth and Family Services, <u>cjones@baconstreet.org</u>, 757-253-0111 ext. 103
Rick Platt, Colonial Road Runners, <u>rickplatt1@juno.com</u>, 757-229-7375