

# FireCracker 5K

Haddon Heights, NJ  
Sponsored by the Haddon Heights Drug Commission

## July 4, 2014

- **Early Packet Pick Up & Entry:** July 3rd --- Avoid race day lines, stop in July 3<sup>rd</sup> -- 6:00 p.m. to 7:30 p.m. at: Haddon Heights Borough Hall, 625 Station Avenue Entry fee still at the "pre" early fee.
- **Also enter on-line @** [www.lmsports.com/events2/](http://www.lmsports.com/events2/) **– between June 1<sup>st</sup> and July 2<sup>nd</sup> at 10pm.**
- **Race Day Late Entry & Packet Pick Up:** July 4th, 6:30 a.m. to 7:45 a.m. -- Baptist Church parking lot, corner of 4<sup>th</sup> & Station Ave., Haddon Heights, NJ
- **July 4th Race Day 5K Start: 8:00 a.m. Sharp! "Rain or Shine"**  
**Course:** USATF Certified – NJ12004WB. Flat, fast & mostly shaded – point to point. Ends 1 mile from start line, at Hoff's Park, the parade finish. Great running through beautiful Haddon Heights! Course roads are police controlled. Two WATER POINTS and mile markers on course. Water and fruit at the end of the race.

### Monetary Awards and Medals:

1<sup>st</sup> Overall Male & Female: **\$150** each -- 2<sup>nd</sup> Overall Male & Female: **\$100** each-- 3<sup>rd</sup> Overall Male & Female: **\$50** each

### MEDALS for Age Groups: Top 3 Males & Females Each Division

14 & Under, 15-19, 20-29, 30-34, 35-39, 40-44, 45-49, 50-59, 60-69, 70+

### MEDALS for Special Award Divisions:

Top 3 Public Safety Personnel (male & female): Police / Fire / EMS / Federal LE; Top 3 Military (male & female)

- **Amenities:** T-Shirts -- Refreshments -- Water Tables on Course -- Course Police Controlled --
- **Port-a-Pots at Start and Finish Lines**
- Computer Timing, Finish Line & Results by **L & M Computer Sports & Event Productions, Inc.** --

Results posted prior to awards ceremony -- Results **web** posted on race day afternoon: [www.LMSPORTS.com](http://www.LMSPORTS.com)

**Race kicks off the Haddon Heights 4<sup>th</sup> of July Parade!** Many town residents come out to cheer you during the race and at the finish! **Please be sure to stay after the race and enjoy the celebration.**

**Fees:** **\$20 Pre**

**\$25 Race Day**

**Checks Payable:** Haddon Heights Drug Commission

**Mail to:** Haddon Heights Drug Commission, 625 Station Avenue, Haddon Heights, NJ 08035

**Questions? Sue Griffith:** 856-207-4666 **Mike Valvardi:** 856-573-9755

----- Cut & Mail -----

**Entry/Release:** All participants must complete & sign. **Firecracker 5K 2014**

(please print clearly)

NAME: \_\_\_\_\_

Bib # Assigned:

Race Day Age: \_\_\_\_\_ Gender: Male ☐ Female ☐ Phone: \_\_\_\_\_

Street: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

E-Mail optional: \_\_\_\_\_

**T-Shirt Size:** S - M - L - XL

**5K Race Division:** Choose only ONE that applies: ☐ Open-Age Group ☐ Top 3 Military Finishers (male & female)

☐ Top 3 Public Safety Personnel (male & female): Police / Fire / EMS / Federal LE

**Release:** IN CONSIDERATION FOR ACCEPTING THIS ENTRY, AND THE GRANTING OF THE RIGHT TO PARTICIPATE IN THIS EVENT, I THE UNDERSIGNED, INTENDING TO BE LEGALLY BOUND HEREBY, FOR MYSELF, MY HEIRS, PERSONAL REPRESENTATIVE, SUCCESSORS, AND ASSIGNS, WAIVE AND RELEASE ANY AND ALL CLAIMS FOR LOSSES AND DAMAGES I MAY HAVE AGAINST, EVENT COMMITTEE, VOLUNTEERS, EVENT SPONSORS, HADDON HEIGHTS DRUG COMMISSION, HADDON HEIGHTS BORO., L&M SPORTS, THEIR REPRESENTATIVES, SUCCESSORS, AND ASSIGN AND/OR ANY OTHER PERSON WHOMSOEVER FOR ANY AND ALL INJURIES, ILLNESS INCLUDING DEATH, THAT MAY RESULT FROM MY PARTICIPATION IN SAID EVENT. I REPRESENT AND AFFIRM THAT I AM IN PROPER PHYSICAL CONDITION TO PARTICIPATE IN THIS EVENT, AND VERIFIED BY A LICENSED PHYSICIAN, AND HAVE SUFFICIENTLY TRAINED FOR THE COMPLETION OF THIS EVENT.

**SIGNATURE:** \_\_\_\_\_

**DATE:** \_\_\_\_\_

Parent/Guardian must sign if entrant is under 18 yrs. old