

## My Best Friend's 5k Road Race and 1.5 mile walk

Saturday, May 19, 2018

Mail in Registration Form – Due by Wednesday, May 16

Event/ Class	Paid by May 18, 2018	Paid Race Day May 19, 2018
<b>5k Road Race</b>		
Child (under 8 yrs)	Free	Free
Youth (8 – 18 yrs)	\$20	\$25
Adult	\$25	\$30
<b>1.5 Mile Walk</b>		
Child (under 8 yrs)	Free	Free
Youth (8 – 18 yrs)	\$10	\$10
Adult	\$15	\$20

Orders received **by April 30** will receive a **free tri-blend t-shirt**. Subject to availability.

Select Event:

5k Road Race    ☐ Child (under 8)    ☐ Youth (8-18)    ☐ Adult  
1.5 Mile Walk    ☐ Child (under 8)    ☐ Youth (8-18)    ☐ Adult

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_ Age on Race Day \_\_\_\_\_ Select Sex: ☐ Male ☐ Female

Street Address: \_\_\_\_\_

Town: \_\_\_\_\_ State \_\_\_\_\_ Zip Code: \_\_\_\_\_

Phone: \_\_\_\_\_ e-mail: \_\_\_\_\_

Emergency Contact Name: \_\_\_\_\_

Emergency Contact Relationship: \_\_\_\_\_ Phone number: \_\_\_\_\_

Free tri-blend t-shirt for all participants 8 years and older for orders received by April 30  
(Subject to availability)

Select Size:

☐ Youth Large    ☐ Adult Small    ☐ Adult Medium    ☐ Adult Large

Make checks payable to: **Shepherd of the Hills Lutheran Church**

Mail to: **7 Wescott Road, Simsbury, CT 06070**

In consideration of you accepting this entry, I, the participant, intending to be legally bound do hereby waive and forever release any and all right and claims for damages or injuries that I may have against the Town of Simsbury, Town of East Granby, Shepherd of the Hills Lutheran Church, RunSignUp.com, and all of their agents assisting with the event, sponsors and their representatives, volunteers and employees for any and all injuries to me or my personal property. This release includes all injuries and/or damages suffered by me before, during or after the event. I recognize, intend and understand that this release is binding on my heirs, executors, administrators, or assignees.

I certify as a material condition to my being permitted to enter this race that I am physically fit and sufficiently trained for the completion of this event and that a licensed Medical Doctor has verified my physical condition.

By submitting this entry, I acknowledge (or a parent or adult guardian for all children under 18 years) having read and agreed to the above release and waiver.

Further, I grant permission to all the foregoing to use my name, voice and images of myself in any photographs, motion pictures, results, publications or any other print, videographic or electronic recording of this event for legitimate purposes.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

(A parent must sign if the runner is under age 18)