

GTC South Carolina Open Masters Track and Field Classic -Women's Meet Records (Revised 7-13-25)

50 Meters					
W60	7.71	6/9/2018	60	Becky Bowman	
W65	7.74	6/24/2023	69	Loretta Turner	Powder Springs, GA
W70	9.48	6/4/2016	74	Ann Carter	Alken, SC
W75	9.88	6/9/2018	77	Louise Guardino	
W80	13.41	6/24/2023	80	Ann Carter	Alken, SC
100 Meters					
Open	11.85	6/1/2024	18	Kendall Johnson	Boone, NC
W30	13.90	6/1/2002		Tanya Filmore	
W35	13.38	5/24/2003		Regina Richardson	
W40	12.73	6/1/2024	44	Toyin Augustus	Encino, CA
W45	13.66	5/31/2014	45	Melanie Walker	Lawndale, NC
W50	14.34	7/17/2021	52	Melanie Walker	Lawndale, NC
W55	14.95	5/31/2014	59	Loretta Woodward	Powder Springs, GA
W60	14.55	6/9/2018	60	Becky Bowman	
W65	14.39	6/1/2024	69	Loretta Turner	Powder Springs, GA
W70	16.9h	6/24/1995	70	Josephine Sullivan	
W75	19.19	6/9/2018	77	Louise Guardino	
200 Meters					
Open	24.41	6/4/2011		Tiara Swindell	
W30	29.8h	1984		Catherine Lempesis	
W35	27.72	1989		D. Drumgold	
		2001		B. Cress	
W40	26.83	6/2/2012		Tocata Murphy	
W45	28.68	6/2/2012		Maryline Roux	
W50	29.63	6/3/2017	50	Maryline Roux	
W55	30.51	5/30/2015	55	LaVonda DeWitt	Atlanta, GA
W60	30.65	6/9/2018	60	Becky Bowman	
W65	33.24	6/9/2018	67	Marcel Hale Hall	Kannapolis, NC
W70	38.3	7/17/2021	70	Marcel Hale Hall	Kannapolis, NC
W75	36.75	6/2/2012	75	Jeanne Daprano	
W80	47.7	6/7/2025	81	Catherine Radle	Atlanta, GA
Mile					
Open	4:51.87	6/3/2017	26	Victoria Hammersmith	
W30	5:12.79	6/24/2023	31	Shelby Jaramillo	Greenville, SC
W35	5:16.56	6/3/2017	36	Michelle Ziegler	Greenville, SC
W40	5:36.21	6/4/2016	43	Gail Kattouf	Greenville, SC
W45	5:39.86	6/7/2025	49	Ivanka Tolan	Columbia, SC
W50	6:04.06	6/4/2016	53	Michelle Allen	Fleming Island, FL
W55	5:47.08	6/3/2017	58	Susan Cooke	
W60	6:38.73	6/3/2017	63	Mary Richards	Townsend, GA
W65	6:23.57	6/7/2025	67	Lesley Hinz	Atlanta, GA
W70	8:14.66	6/7/2025	71	Mary Richards	Townsend, GA
W75	7:13.31	6/2/2012	75	Jeanne Daprano	
W80	8:35.00	6/3/2017	80	Jeanne Daprano	
1500 Race Walk					
Open	7:44.77	5/30/2015	15	Jesi Heiser-Whatley	Greer, SC
W40	08:29.5	6/3/2017	44	Ali Bahr	
W55	11:02.64	6/4/2016	59	Jennie Cirillo	
W65	10:30.58	2001		M. Prihoda	
W70	11:29.52	5/30/2015	72	Sharon Steinmann	Greenville, SC
3000 Meter Race Walk					
Open	14:21.70	5/31/2014	22	Erika Shaver	Greer, SC
W40	17:58.83	5/30/2015	42	Ali Bahr	Cramerton, NC
W45	23:36.22	6/3/2017	46	Kelley Grayson	
W55	20:46.45	5/31/2014	57	Jennie Cirillo	Greenville, SC
W60	20:24.34	6/3/2017	60	Jennie Cirillo	Greenville, SC
W65	22:52.46	6/7/2025	65	Patricia Clemmons	Rockingham, NC
5000 Meter Race Walk					
Open	25:05.92	6/4/2011		Erika Shaver	
W30	32:00.4h	1989		J. Newsome	
W35	35:46.0h	6/27/1992		Suzanne Edwards	
W40	31:03.0h	7/7/1990		Brenda Bauer	
W45	31:47.73	5/29/2004		Donna Cope	
W55	33:50.23	5/24/2003		Ingrid Birkeland	
W60	28:12.0h	7/7/1990		Anna Rush	
W65	36:19.57	6/1/2002		Millicce Prihoda	
3000 Meters					
Open	18:11.40	2001		J. Bradley	
W45	11:53.6h	6/24/1995	45	Nonie Hudnall	Spartanburg, SC
W55	15:38.0h	1986		Anna Rush	
W60	15:14.58	6/27/1998		Joyce Hodges-Hite	
W65	22:52.9h	6/25/1988		M. Hagerty	
400 Meters					
Open	55.13	6/4/2011		Tiara Swindell	
W30	1:07.7h	1984		Catherine Lempesis	
W35	60.73	2001		B. Cress	
W40	1:01.5h	6/27/1992		Donna Settles	
W45	65.07	6/2/2012		Maryline Roux	
W50	1:07.71	5/29/2004	50	Mary Richards	Townsend, GA
W55	1:08.97	6/4/2016	58	Lesley Chaplin	Atlanta, GA
W60	1:11.76	6/4/2011		Marcell Hale-Hall	
W65	1:17.13	6/7/2025	67	Lesley Hinz	Atlanta, GA
W70	1:28.27	6/9/2018	70	Susan Aderhold	Sautee Nacoochee, GA
W75	1:40.62	6/1/2024	76	Susan Aderhold	Sautee Nacoochee, GA
800 Meters					
Open	2:10.97	5/30/2015	23	Gabriella Gaudreault	
W30	2:35.54	2000		P. Stephens	
W35	2:29.9h	1983		S. Houlton	
W40	2:40.61	6/27/1998		Dian Ford	Piedmont, SC
W45	2:34.21	6/7/2025	49	Ivanka Tolan	Columbia, SC
W50	2:44.36	5/29/2004	50	Mary Richards	Atlanta, GA
W55	2:35.89	6/4/2016	58	Lesley Chaplin	Atlanta, GA
W60	3:01.67	6/7/2025	61	Michelle Allen	Atlanta, GA
W65	2:55.85	6/1/2002	65	Jeanne Daprano	
W70	3:41.76	6/1/2024	74	Nonie Hudnall	Spartanburg, SC
W75	4:01.82	6/7/2025	75	Nonie Hudnall	Spartanburg, SC
W80	5:36.35	6/7/2025	80	Joan Mulvihill	Greenville, SC
1500 Meters					
Open	4:28.68	5/30/2015	24	Nicole Dimercurio	Greenville, SC
W30	4:50.10	5/30/2015	34	Michelle Ziegler	Greenville, SC
W35	4:46.9h	1984		S. Houlton	
W40	5:10.48	6/27/1998		Dian Ford	Piedmont, SC
W45	5:24.90	1997	47	Nonie Hudnall	Spartanburg, SC
W65	7:27.24	7/17/2021	67	Cindy Lucking	Greer, SC
W70	7:49.65	5/24/2003	71	Marge Hoffman	
5000 Meters					
Open	17:54.12	5/30/2015	16	Logan Morris	
W30	17:52.97	6/24/2023	31	Shelby Jaramillo	Greenville, SC
W35	19:53.88	6/2/2012		Karen Becker	Travelers Rest, SC
W40	18:30.3h	6/24/1995		Susan Seagraves	
W45	20:54.55	6/27/1998	48	Nonie Hudnall	Spartanburg, SC
W50	20:08.94	5/31/2014	54	Elizabeth Poupore	
W55	20:05.05	5/30/2015	55	Elizabeth Poupore	
W60	21:37.31	5/31/2014	60	Cindy Lucking	
W65	22:41.38	6/4/2016	66	Nonie Hudnall	Spartanburg, SC
W70	25:45.80	6/1/2002	70	M. Hoffman	
W75	39:32.40	6/24/2023	78	Joan Mulvihill	Greenville, SC
W80	38:33.64	6/9/2018	81	Joyce Hodges-Hite	
80 Meter Hurdles (short)					
W40	11.25	6/1/2024	44	Toyin Augustus	Encino, CA
W45	13.09	6/9/2018	45	Anne Sluder	Decatur, GA
W50	14.40	45101	50	Ann Sluder	Decatur, GA
W55	18.65	2001	59	Ann Carter	Alken, SC
W60	18.42	5/31/2014	62	Linda Lowery	Decatur, GA
W65	19.23	6/7/2025	65	Patricia Clemmons	Rockingham, NC
W70	19.5	6/2/2012	70	Ann Carter	Alken, SC
100 Meter Hurdles (short)					
Open	14.09	5/29/2004		Kamilah Tyson	
W30	14.63	5/24/2008		Kamilah Tyson	
W35	16.52	6/2/2012		Ann Sluder	Decatur, GA
W40	16.82	2000		L. Johnson	
200 Meter Hurdles (short)					
W70	55.87	6/25/2022	71	Linda Lowery	Decatur, GA
W75	01:04.7	6/7/2025	75	Nonie Hudnall	Spartanburg, SC
400 Meter Hurdles					
Open	1:13.48	1999		A. Ward	
W35	69.86	6/2/2012		Ann Sluder	Decatur, GA
W40	1:11.80	5/31/2014		Ann Sluder	Decatur, GA
W45	1:13.82	6/9/2018	45	Ann Sluder	Decatur, GA
300 Meter Hurdles					
W50	55.84	6/24/2023	50	Ann Sluder	Decatur, GA
W55	1:41.41	6/4/2011		Lydia Woods	
W65	1:35.52	6/7/2025	65	Patricia Clemmons	Rockingham, NC
W70	53.13	6/25/2022	70	Linda Lowery	Decatur, GA

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400 Meter Relay					
W40	53.44	5/31/2014	KMR Track Club		
Pole Vault					
Open	12-06.00	6/5/2010	17	Sandi Morris	Greenville, SC
		5/30/2015	17	Alina McDonald	Pacolet, SC
W30	2.28(7-5)	6/1/2024	32	Chelsea Hancock	Vass, NC
W40	7-00.00	6/25/1988		Phil Raschker	
W45	7-6.00	7/17/2021	48	Ann Sluder	Decatur, GA
W50	9-06.00	1999		Phil Raschker	
W55	4-00.00	6/5/2010		Lydia Woods	
W65	1.52(4-11.75)	6/7/2025	65	Patricia Clemmons	Rockingham, NC
W70	4-06	5/30/2015	71	Catherine Radle	Atlanta, GA
W80	1.67(5-5.75)	6/7/2025	81	Catherine Radle	Atlanta, GA
Javelin					
Open	181-02	2001		K. Kreiner	
W30	85-04	7/27/1985		Rosa Rodriguez	
W35	112-01	6/9/2018	37	Nicole Kelly	
W40	109-10	7/7/1990		Lurline Struppeck	
W45	82-06	1997		D. Vance	
W50	90-09	1999		Phil Raschker	
W55	82-10	1997		C. Young	
W60	22.75(74-7.75)	6/7/2025	60	Julia Haynes	York, PA
W65	23.09(75-09)	6/1/2024	65	Tamara Alegria Dybvig	Tucson, AZ
W70	60-01.25	6/24/2023	70	Linda Harper	Hopewell, VA
W75	37-05	6/9/2018	76	Ann Carter	Aiken, SC
W80	8.00(26-3.00)	6/7/2025	83	Ann Carter	Aiken, SC
Long Jump					
Open	20-06.25	6/24/2008		R. White	
W30	16-00.50	5/24/2003		Stephanie Pavao	
W35	17-08.00	5/24/2003		Regina Richardson	
W40	15-09.75	6/9/2018	43	Darien Lewandowski	Simpsonville, SC
W45	16-04.5	6/9/2018	45	Ann Sluder	Decatur, GA
W50	14-4.25	6/24/2023	50	Ann Sluder	Decatur, GA
W55	12-06.00	6/22/1991		Betty Vosburgh	
W60	11-11.0	5/30/2015	63	Linda Lowery	Decatur, GA
W65	11-06.75	7/10/1993	68	Josephine Sullivan	
W70	10-09.00	6/24/1995	70	Josephine Sullivan	Greer, SC
W75	7-08.00	6/1/2012	77	Josephine Sullivan	
W80	4-09.00	6/24/2023	80	Ann Carter	Aiken, SC
Discus					
Open	147-08	6/1/2002		Amber Campbell	
W30	102-02	6/22/1991		Kristie Hartvigsen	
W35	71-00	6/22/1991		Patty Deye	
W40	89-11	7/7/1990		Lurline Struppeck	
W45	73-02	6/1/2002		Liz Johnson	
W50	98-08	6/3/2017	54	Alissa Noguez	Simpsonville, SC
W55	103-10.25	6/25/2022	59	Alissa Noguez	Simpsonville, SC
W60	30.39(99-8.5)	6/1/2024	61	Alissa Noguez	Simpsonville, SC
W65	22.72(74-6.5)	6/1/2024	65	Tamara Alegria Dybvig	Tucson, AZ
W70	71-03.50	6/24/2023	70	Linda Harper	Hopewell, VA
W75	45-04.00	6/9/2018	76	Ann Carter	Aiken, SC
W80	41-02.25	6/24/2023	81	Ann Carter	Aiken, SC
25# Weight					
Open	33-07.00	1999		A. Purdy	
W45	21-05.50	6/27/1987		Brenda Bloomfield	
20# Weight (Open-49)					
Open	43-01.75	8/24/2003		Carrie Lane	
W30	19-09.50	1989		L. Freeman	
W35	48-03.50	6/27/1998		Marilyn Senz	
W40	25-10.63	6/1/2024	43	Nicole Kelly	Greensboro, NC
W45	29-09.00	1989		Brenda Bloomfield	
16# Weight (50-59)					
W45	36-06.00	6/22/1991		Brenda Bloomfield	
W50	33-09.00	6/24/1995		Brenda Bloomfield	
W55	37-6.0	6/25/2022	59	Alissa Noguez	
W60	29-09.00	6/24/1995		Betty Steele	
W65	24-04.00	6/24/1995		Lucille Sampson	
12# Weight (60-74)					
W60	45-03.25	6/24/2023	60	Alissa Noguez	Simpsonville, SC
W65	28-05.50	2001		P. Banner	
W70	28-03.00	6/24/2023	70	Linda Harper	Hopewell, VA
4 KG (8.8#) Weight (75+)					
W65	34-10.90	6/1/2024	65	Tamara Alegria Dybvig	Tucson, AZ
W75	34-08.5	6/9/2018	75	Angela Staab	
Weight Pentathlon					
Open	2122	6/7/2025	19	Julia Karnilowicz	Rock Hill, SC
W45	1464	6/7/2025	46	Christina Henderson	Rock Hill, SC
W60	2369	6/7/2025	62	Alissa Noguez	Simpsonville, SC

1600 Meter Relay					
W40	04:40.3	5/31/2014	KMR Track Club		
Triple Jump					
Open	44-01.50	5/24/2008		Brend Faluade	
W30	34-00.00	5/24/2003		Stephanie Pavao	
W35	35-06.00	5/24/2003		Regina Richardson	
W40	31-09.50	6/25/1988		Phil Raschker	
W45	31-04.25	2001	49	Linda Lowery	Decatur, GA
W50	30-08.75	1999		Phil Raschker	
W55	19-03.25	6/5/2010		Lydia Woods	
W60	20-09.50	6/25/1988	63	Josephine Sullivan	
W65	23-10.25	7/17/2021	69	Linda Lowery	Decatur, GA
W70	22-9.75	6/25/2022	70	Linda Lowery	Decatur, GA
W75	16-04.8	6/4/2016	74	Ann Carter	Aiken, SC
W80	10-00.25	6/24/2023	80	Ann Carter	Aiken, SC
High Jump					
Open	5-00.00	1999		M. Mulkey	
W30	4-10.00	7/10/1993		Pat Golus	
W35	5-0.00	6/2/2012		Ann Sluder	Decatur, GA
W40	4-10.00	5/31/2014		Ann Sluder	Decatur, GA
W45	4-11.00	7/17/2021	48	Ann Sluder	Decatur, GA
W50	4-11.00	6/24/2023	50	Ann Sluder	Decatur, GA
W55	4-06.00	6/4/2016	56	Julia Curran Villarreal	
W60	3-09.25	7/17/2021	61	Patricia Clemmons	Rockingham, NC
W65	3-07.25	7/17/2021	69	Linda Lowery	Smyrna, GA
W70	3-04.00	5/30/2015	71	Catherine Radle	Atlanta, GA
W75	2-09.5	6/9/2018	76	Ann Carter	Aiken, SC
Shot Put					
Open	47-07.50	2001		M. McDonald	
W30	32-02.00	1997		L. Blaser	Aiken, SC
W35	34-11.25	6/9/2018	37	Nicole Kelly	
W40	34-7.75	7/17/2021	41	Nicole Kelly	Greensboro, NC
W45	26-05.00	6/9/2018	49	Marioky Scott	
W50	34-07.5	5/30/2015	52	Alissa Noguez	Simpsonville, SC
W55	35-10.0	6/25/2022	59	Alissa Noguez	Simpsonville, SC
W60	10.23(33-6.75)	6/7/2025	62	Alissa Noguez	Simpsonville, SC
W65	25-02.00	6/24/1995		Lucille Sampson	Simpsonville, SC
W70	25-01.75	6/24/2023	70	Linda Harper	Hopewell, VA
W75	21-10.00	7/17/2021	76	Becky Vaughn	Charlotte, NC
Hammer					
Open	221-10	6/3/2017	29	Laura Iguane	
W30	213-07.00	6/9/2018	30	Laura Iguane	
W35	150-02	6/27/1998		Marilyn Senz	
W40	91-08	1986		Brenda Bloomfield	
W45	105-01	7/7/1990		Brenda Bloomfield	
W50	115-07	6/24/1995		Brenda Bloomfield	
W55	121-11.75	6/25/2022	59	Alissa Noguez	Simpsonville, SC
W60	121-11	6/24/2023	60	Alissa Noguez	Simpsonville, SC
W65	31.54(103-5.75)	6/1/2024	65	Tamara Alegria Dybvig	Tucson, AZ
W70	71-05.25	6/24/2023	70	Linda Harper	Hopewell, VA
W75	60-11.5	6/24/2023	79	Josephine Farmer	Lawrenceville, GA
W80	20.77(68-1.75)	6/1/2024	80	Catherine Radle	Atlanta, GA
35# Super Weight (Open-49)					
Open	35-04.25	6/24/2023	18	Kylie Howson	Matthews, NC
W40	26-07.5	6/24/2023	44	Christina Henderson	Rock Hill, NC
W45	13-04.00	2000		E. Stewart	
25# Super Weight (50-59)					
W50	22-5.5	6/25/2022	51	Carlos Larry	
W55	28-06.25	1997		Carol Young	
W60	20-03.00	6/24/1995		Betty Steele	
W65	18-01.00	6/27/1998		Lillian Snaden	
20# Super Weight (60-74)					
W55	14-08	6/4/2011		Lydia Woods	
W60	30-03.00	6/24/2023	60	Alissa Noguez	Simpsonville, SC
W65	17-00.75	5/30/2015	68	Barbara Warren	
W70	19-5.25	6/25/2022	71	Carol Waddell	Rome, GA
16# Super Weight (75+)					
NONE					
56# Weight					
Open	13-09.00	6/1/2002		Carrie Lane	
98# Weight					
W40	4-06.00	6/27/1998		Julie Smith	
W55	3-10.25	1997		Carol Young	
W65	3-02.00	6/27/1998		H. Carstensen	