Tri Town Rescue 5K

Run for your Health!

Date: Sunday 05/22/2016

5K run 09:00 kids fun run 8:15

Registration begins at 07:30

Plus a fun run course for the kids!

Entry fees:

- $20.00 for all 5K runners 16 and over
- $10.00 for all 5K runners 15 and under
- $5.00 for kids 10 and under doing fun run

- Starting point in front of the West Paris Town office at 25 Kingsbury St.
- Registration begins at 7:30a
- proceeds are going to the acquisition of new medical equipment
- **Register online at runsignup.com/Race/ME/WestParis/RunForYourHealth5K**

TRI TOWN RESCUE

EMERGENCY MEDICAL SERVICES

PRIZES

Prizes awarded to top male, female finishers

Prizes awarded for the fun run

Free water bottle and t-shirt to first 50 participants.

Scan the QR Code to register online.

Contact: John Hammel 890-4976 or Janet Fournier 978-821-4288

Mail form and entry fee to
Tri Town Rescue
Po Box 275
West Paris ME 04289

Phone:207-674-2400
Fax:207-674-2381
tritownrescue@gmail.com

Name

Address

Phone

T-shirt Size: S   M   L   XL

Sex   Age on race day

Registrants will be asked to sign a waiver the day of the race. Children under 18 will need parent/guardians consent.