



# Bon Air Elementary's 10th Annual BON AIR 5K & 1 MILE FUN RUN

SATURDAY • APRIL 28, 2018

REGISTRATION DOES NOT GUARANTEE A RACE T-SHIRT.

**5 K WILL BE CHIP TIMED AGAIN THIS YEAR!**

## RACE INFORMATION

WHEN: SATURDAY APRIL 28, 2018

5K start s: 9:00 a.m. • 1 Mile FunRun starts: 8:30 a.m.

WHERE: 5K Race starts/finishes at Bon Air Elementary.

1 Mile FunRun takes place on school grounds.

## EVENT FEES

5K: Adult: \$25 Child (12 & under): \$15

1 MILE FUNRUN: \$12 for 12 years old and under only

## REGISTRATION

Register online at <https://runsignup.com/Race/VA/Norfolk/Chesterfield/BonAir5K>

Or submit form below to school office. Make checks payable to Bon Air PTA.

Day of Race: (5K) 7:30-8:45 a.m. (1 Mile FunRun) 7:30-8:15 a.m.

## PACKET PICKUP

THURSDAY, APRIL 26: 3:00-4:00 p.m. at Bon Air Elementary

FRIDAY, APRIL 27: 3:00-6:00 p.m. at Bon Air Elementary

DAY OF RACE: 7:30-8:45 a.m.

## CONTACT US

Contact Wade Smith at [info@bonair5k.com](mailto:info@bonair5k.com)

CERTIFIED USA TRACK AND FIELD STANDARDS COURSE • PROFESSIONALLY TIMED 5K BY COMMONWEALTH TIMING

## REGISTRATION FORM

To register additional runners/walkers, use other side.

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Event: 5K ☐ 1 Mile Fun Run ☐  
(RUNNER 1) (REQUIRED)

Gender: M F T-shirt size (Circle one): Youth: S M L XL Adult: S M L XL XXL Fee \$ \_\_\_\_\_

Phone: \_\_\_\_\_ Email Address: \_\_\_\_\_

Emergency Contact: Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Bon Air students only: Grade \_\_\_\_\_ Teacher \_\_\_\_\_ Total Fees (including runners listed on back): \$ \_\_\_\_\_

(NO REFUNDS)

Each participant must sign this waiver.

### Runner 1

**Waiver:** I know that running a race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running this event, including, but not limited to falls, contact with other participants, the effects of weather including heat, humidity or cold, traffic and conditions of the road; all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Commonwealth of Virginia, the County of Chesterfield, the City of Bon Air, Bon Air Elementary School, Bon Air Elementary PTA and all other sponsors or directors of this event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I grant permission to all of the foregoing to use any photographs, motion pictures, recordings or other record of this event for any legitimate purpose. Children should be accompanied by an adult while running the 5K.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
(RUNNER 1)

Parent or Guardian (if under 18 years old): \_\_\_\_\_

## Register Additional Runners Here

### Runner 2

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Event: 5K ☐ 1 Mile Fun Run ☐  
(RUNNER 2) (REQUIRED)

Gender: M F T-shirt size (Circle one): Youth: S M L XL Adult: S M L XL XXL Fee \$ \_\_\_\_\_

Phone: \_\_\_\_\_ Email Address: \_\_\_\_\_

Bon Air students only: Grade \_\_\_\_\_ Teacher \_\_\_\_\_

### Runner 2

#### Each participant must sign this waiver.

**Waiver:** I know that running a race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running this event, including, but not limited to falls, contact with other participants, the effects of weather including heat, humidity or cold, traffic and conditions of the road; all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Commonwealth of Virginia, the County of Chesterfield, the City of Bon Air, Bon Air Elementary School, Bon Air Elementary PTA and all other sponsors or directors of this event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I grant permission to all of the foregoing to use any photographs, motion pictures, recordings or other record of this event for any legitimate purpose. Children should be accompanied by an adult while running the 5K.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
(RUNNER 2)

Parent or Guardian (if under 18 years old): \_\_\_\_\_

### Runner 3

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Event: 5K ☐ 1 Mile Fun Run ☐  
(RUNNER 3) (REQUIRED)

Gender: M F T-shirt size (Circle one): Youth: S M L XL Adult: S M L XL XXL Fee \$ \_\_\_\_\_

Phone: \_\_\_\_\_ Email Address: \_\_\_\_\_

Bon Air students only: Grade \_\_\_\_\_ Teacher \_\_\_\_\_

### Runner 3

#### Each participant must sign this waiver.

**Waiver:** I know that running a race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running this event, including, but not limited to falls, contact with other participants, the effects of weather including heat, humidity or cold, traffic and conditions of the road; all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Commonwealth of Virginia, the County of Chesterfield, the City of Bon Air, Bon Air Elementary School, Bon Air Elementary PTA and all other sponsors or directors of this event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I grant permission to all of the foregoing to use any photographs, motion pictures, recordings or other record of this event for any legitimate purpose. Children should be accompanied by an adult while running the 5K.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
(RUNNER 3)

Parent or Guardian (if under 18 years old): \_\_\_\_\_

### Runner 4

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Event: 5K ☐ 1 Mile Fun Run ☐  
(RUNNER 4) (REQUIRED)

Gender: M F T-shirt size (Circle one): Youth: S M L XL Adult: S M L XL XXL Fee \$ \_\_\_\_\_

Phone: \_\_\_\_\_ Email Address: \_\_\_\_\_

Bon Air students only: Grade \_\_\_\_\_ Teacher \_\_\_\_\_

### Runner 4

#### Each participant must sign this waiver.

**Waiver:** I know that running a race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running this event, including, but not limited to falls, contact with other participants, the effects of weather including heat, humidity or cold, traffic and conditions of the road; all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Commonwealth of Virginia, the County of Chesterfield, the City of Bon Air, Bon Air Elementary School, Bon Air Elementary PTA and all other sponsors or directors of this event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I grant permission to all of the foregoing to use any photographs, motion pictures, recordings or other record of this event for any legitimate purpose. Children should be accompanied by an adult while running the 5K.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
(RUNNER 4)

Parent or Guardian (if under 18 years old): \_\_\_\_\_