

ADAMS WELLS CRISIS CENTER

8TH ANNUAL ...RUN OVER VIOLENCE-5K Run/Walk

WHEN

April 30th, 9:00AM

Registration & Check in starts at 7:30AM

WHERE

Adams Memorial Hospital

Begins & Ends at Hospital. The race follows the River Greenway Trail – We will register & give awards inside in the Decatur Room!

Pre-Registration Incentives: Register by April 15 to be entered to win a Fitbit

Register online:

Runsignup.com Race Name: Run Over Violence

Name: _____

Address: _____

Email: _____

Phone: _____ **Birth Date:** _____

Age: _____ **Sex: Male/Female** (circle One)

Shirt Size: _____ **Long Sleeve shirt Size** _____ (add \$5)

Waiver and Release: The signing of this entry form and participation in the run over violence is with full knowledge of the risks involved therein and the under-signer individually and/or as a parent/guardian assumes the risk of injury, sickness or health defects including death, resulting from or received during participation in this race, and further releases and agrees to save harmless Adams Wells Crisis Center directors from any liability, damage, claim, or judgement that may result or arise from participation in this event.

Signature/Signature of Guardian if under 18: _____

NEW IN 2016

BREAKFAST CEREAL BAR FOR ALL PARTICIPANTS AFTER THE RACE! (INSIDE)

NOT A RACER? COME AND EAT FOR \$5

COST:

\$20 PRE-REGISTERED (ADD \$5 FOR LONG SLEEVE SHIRT)

\$25 RACE DAY

NO SHIRT OPTION:

\$12 PRE-REGISTERED

\$15 RACE DAY

AWARDS:

WILL BE GIVEN TO TOP MALE AND FEMALE RUNNERS & TOP 2 WALKERS

AGE GROUPS:

14 & UNDER, 15-18, 19-29, 30-39, 40-49, 50-59, 60-69, 70+

THE RACE IS CHIP TIMED

3 WATER STATIONS

THIS RACE IS PART OF THE ADAMS COUNTY 5K WELLNESS CHALLENGE

MAIL FORMS TO :

AWCC PO BOX 253

DECATUR IN 46733

TX#(260)728-9800