

Night Race & Walk Saturday August 10, 2019

> Registration 6:45pm to 8:15pm

Race begins at dusk around 8:30pm

Beaver Area XC & Track , Inc. 118 Duncan Circle Beaver, PA 15009

This race benefits the Beaver Cross Country & Track Programs

Age Groups

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12 and under	13 to 15
16 to 19	20 to 29
30 to 39	40 to 44
45 to 49	50 to 54
55 to 59	60 to 64
65 to 69	70 and over

5k Run Awards

- Top three overall men & overall women
- Top three men and women finishers in each age group

The awards ceremony will follow the race. All awards must be picked up the night of the race.

All runners will receive Glow Stick bracelets at the starting line. The course will be lined with Tiki torches and more Glow Sticks. Finish under the stadium lights with music playing. Following the race, homemade cookies, fruit, water and Gatorade will be provided for all participants. Come "Howl at The Moon" with us!!

<u>Register online</u> at: Runsignup.com

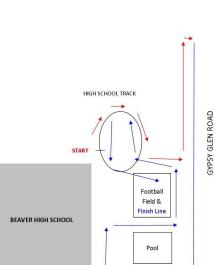
Additional forms: www.beaverxctrack.com

For more information call 724-622-7637

or email: stevegruns852@gmail.com



Beaver Area HS Howl at the Moon 5K Race



The Course

The start line will be on the Beaver High School track. Parking is available at the front of the school and by the tennis courts.

Tennis Courts

Course Certified by Road Running Technical Council

Chip timing service provided by Miles of Smiles

In the event of dangerous weather conditions, the race may be delayed, but will be held that day.

School policy prohibits animals on school grounds.

Packet Pick-Up

Pick-up your race packet on Friday August 9^h, 4:00pm – 6:00pm, at parking lot beside school tennis courts or from 6:30-8:00pm on race day at the Beaver High School football field.

Make checks payable to

"Beaver Area XC & Track Inc."

Race Registration Form

Name				
Address				
City/State/Zip				
Phone				
E-mail				
DOB:		Age	as of 8/10/19:	
Sex	Male		Female	
T-Shirt Size	□ YM			1

By entering, I, intending to be legally bound, for myself, my heirs, my executors & administrators, waive, release & discharge any & all rights & claims which I may have or which hereafter individuals from all claims of damage, actions, injury or death received in any manner before, during or after participation in the Beaver Area Cross Country & Track Teams 5k Race/Walk on Saturday, August 10, 2019 or any other day the race may be held. I shall abide by all decisions of race officials as final. I also release the above-mentioned organizations from all legal responsibility or liability for the use of any photographs involving me for the purposes of advertising or reporting.

Signature	

Parent if under 18 _____

Emergency Contact & phone number

Mail entry form with payment to: Beaver Area XC & Track Inc. c/o Scott Monit 118 Duncan Circle Beaver, PA 15009 Pre-registration by July 21st: \$16* Registration July 22nd- Race Day: \$20 *Pre-registration guarantees a race t-shirt