



34th ANNUAL MEMORIAL DAY RUN/WALK

Eglin Air Force Base 4.4-Mile Run/Walk & Free Kids Run Monday, May 27, 2019

Must be in place at 6:30 a.m.
Race at 7 a.m.

Time, Location & Course:

Memorial Day Gate to Gate Run/Walk: Event is held at the corner of Chinquapin Dr. and Eglin Blvd, Eglin AFB. Participants must be in place at the starting line by 6:30 a.m. Wheelchairs start at 6:58 a.m. Runners start at 7 a.m. Walkers start at 7:02 a.m. Race will be held rain or shine. Runners/walkers must be finished by 9:30 a.m. The 4.4-mile course starts at Unity Park, follows Eglin Blvd. to Memorial Trail and ends at Unity Park. There will be flowers for each runner to drop at the Veterans' Memorial.

Parking:

Parking will be at Unity Park. Please arrive early to park since participants must be in place at 6:30 a.m.

Team Competition:

1st place trophies will be awarded to the top teams in open and military divisions in the 4.4 Run. There must be one female on the team to compete.

Team Competition Rules:

Lowest accumulated time of the first four finishers for each team, which includes at least one of their female runners.

Open Team Division:

Non-military units.

Military Team Division: Teams representing military units. All team members must be comprised of Active Duty, Reserve, Guard, DoD Civilians, Contractors, or Spouses assigned to the same unit to form a team. All team members must be assigned to same unit, once your team roster is turned in this will be verified using the Global Address List.

Team Captains/Contacts:

Each team member must register on www.runsignup.com prior to the cutoff date for teams. Team captains must pick up a team roster form from the Eglin Fitness Center, or at www.eglinlife.com to identify team members. Team entry forms will also be available at the Armament Museum on May 11. All team members will be designated on the team roster by the team contact/captain. Team rosters must be turned into the Fitness Center by noon on May 21. Changes to the team rosters will not be allowed after the package pickup at the Armament Museum.

Awards: 4.4-Mile Run:

Over All Male & Female 1st- 3rd place; Masters 40+ Male & Female 1st - 3rd place; Grand Master 50+ Male & Female 1st place; Wheelchair Male & Female 1st place; Awards for the 4.4 mile run will also be given to the 1st-3rd place Male & Female runners in the following age groups: 1-9, 10-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, and 75+

Awards: 4.4-Mile Walk:

Special awards to the first overall male & female, the first Masters male & female (40+yrs), and the first Grand Master male & female (50+yrs). Awards to the 1st-3rd place Male & Female walkers in the following age groups: 0-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70+ The Awards ceremony will begin approximately at 9 a.m.

Kids Run:

Run begins at 8:45 a.m. on Minor Rd. where the adult run starts and will proceed towards the control tower and then back. The Kids Run is FREE. No registration is required. Trophies will be awarded to the overall male & female winners in the following groups: ages 5-6, 1/2-mile run; ages 7-8, 1-mile run; and, ages 9-12, 1-mile run.

Course Record:

The best male and female course record holders:
Michael Green, 2001 - 20:56
Monica O'Reilly, 1993 - 23:33

Race Results:

All race results will be available at www.eventtiming.com and at www.runsignup.com.

Festivities:

Enjoy FREE refreshments including food and assorted beverages. Post-race party at the finish line will feature live entertainment.

Registration:

All Participants will receive a quality T-Shirt. Registration is limited to the first 2,000 entries, so sign up early! Early registration starts on Feb. 15 and ends on May 11. Cost is \$25 and will be accepted online. Late online registration begins May 12 and runs through May 17. Cost for late registration is \$30.

Register at www.runsignup.com. An additional administrative fee will be charged. Online registration is strongly encouraged! On-line registration closes at 11:59 p.m. Central Time, May 17 or when the 2000th person signs up.

In Person Registration &

Package Pick Up:

- Saturday, May 11, 10 a.m. - 3 p.m. at the AF Armament Museum
- \$25 Cash only to register
- Photo ID required to pick up packages

Eglin AFB Package Pick Up:

May 13 – 24 at the Eglin Fitness Center from 7 a.m. – 6 p.m. Monday – Friday and from 8 a.m. – 5 p.m. Saturday-Sunday. Photo ID required to pick up packages.

Late Package Pick Up:

Race packages can be picked up at Unity Park on May 27 the morning of the race from day 5-6 a.m. only. Photo ID required to pick-up packages. Due to time constraints, it is **HIGHLY recommended that participants pick up race packets PRIOR to race day.**

NO registration on Race Day!

On-line registration closes at 11:59 p.m. Central Time, May 17 or when the 2000th person signs up.



No federal endorsement of sponsors intended.

Important Information:

- Only day to enter in person with cash is May 11 at the AF Armament Museum.
- All participants and guests without valid base IDs **MUST** be preregistered and will enter the base through the HAUL RD GATE (see www.runsignup.com for details.) Restricted vehicle passes will be issued.
- Photo ID is mandatory for base access and for all package pickups.
- There will be NO refunds!
- Due to security issues, race is subject to change/cancellation.(i.e. Force Protection Measure changes)
- Race packages will not be mailed
- No skates, skateboards, or bicycles allowed on the course
- Participants that may be pregnant consult with your physician before entering the race
- Strollers are welcome, but NO PETS!
- If you are picking up a package for another participant, a copy of a photo ID and a note of consent are required
- Participants must be in place at 6:30 a.m.

Contact Info: Eglin Fitness Center
850-883-9127 or 850-882-6223
www.eglinlife.com



The HAUL ROAD GATE is the mandatory gate for all NON-DoD ID cardholders, Hwy 189 across from the side entry to the Air Force Armament Museum, near the West Gate intersection.

Directions:

From the North: Take Hwy 85 South to SR 387, follow the signs for Eglin AFB, and then follow the signs for Gate-to-Gate parking. All non-DoD participants must enter the base from the Haul Road Gate, near West Gate intersection.

From the West: Take Hwy 85 North or SR 189 to SR 387, follow the signs for Eglin AFB, and then follow the signs for Gate-to-Gate parking. **All Gate-to-Gate participants MUST preregister.** All **DoD cardholder participants** enter from the **West Gate** for smooth traffic flow to race site. **Non-DoD participants** must enter through **Haul Road Gate**, near West Gate intersection.

IMPORTANT INFORMATION FOR NON-DoD PERSONNEL AND GUEST:

Due to heightened security measures, Eglin AFB has changed their base access procedures. All persons gaining access to Eglin Air Force Base (EAFB) and materials are subject to search upon request by Security Forces (SF) personnel (ARRIVE EARLY). EAFB is a Federal installation and all Federal regulations apply as well as state and local laws. As such contraband items are not authorized on federal properties to include: firearms, open or concealed; knives with blades in excess of 3in in length; bludgeoning or any possible weapons of any type; explosives, ammunition, incendiaries or fireworks of any type; and no illegal drugs or drug paraphernalia. In addition, limit backpacks or large hand carried items to minimally necessary. Please review below and provide requested information for race participation. In accordance with the Eglin Air Force Base Integrated Defense Plan Annex W, Section III, Chapter 1, all Non-DoD ID cardholders will be checked (vetted) through the National Crime Information Center (NCIC) before being issued an installation entry pass or badge. Disclosure of this information is voluntary; however, declining to submit required information will result in registrants and guests being denied access to Eglin AFB.