

**2016 5K Freedom Run**  
Brought to you by:  
**American Legion Auxiliary Unit 187**



**Registration Form      Saturday, June 4, 2016      8:00am**

**Come and support our local Veterans and Troops at this patriotic 5K run**  
**Proceeds go to local- Military Veteran's and active-duty Military Causes**

**AWARDS FOR 5K RUN:** Top overall male & female and top male & female in each age group (14 and under; 15-24; 25-34; 35-44; 45-54; 55-64; 65 and up). Awards presented on race day.

**Fill out the form below and mail it, along with payment to:**

**American Legion Auxiliary Unit 187**  
**PO Box 1424, Wake Forest, NC 27588-1424**

**Or**

**Registration form may also be found at**  
**[www.runtheeast.com](http://www.runtheeast.com)**

**ONE PERSON PER ENTRY**

Name: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_

State: \_\_\_\_\_ Zip Code: \_\_\_\_\_ Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Age (as of 06/1/16) \_\_\_\_\_ Sex: Male \_\_\_\_ Female \_\_\_\_ T-Shirt Size: (circle one)    S    M    L    XL    XXL    XXXL

\_\_\_\_\_ I plan to participate in the 2016 5K Freedom Run - **\$25 through May 21st, \$30 thereafter and day of event.**

\_\_\_\_\_ I would like to make a donation to the 2016 5K Freedom Run

Total Enclosed: \$ \_\_\_\_\_

**Participant Waiver:** I, for myself, my heirs and personal representatives, waive all rights and claims for damages and injury that may occur as a result of my participation in this race. I attest that I am physically fit and have sufficiently trained to participate in this event. I know that running or walking in this event is a potentially hazardous activity. I assume all risks associated with participating in the 2016 5K Freedom Run. I hereby release the Town of Wake Forest, American Legion Auxiliary Unit 187, Run the East, all sponsors and their representatives from any claims of damages, demands, actions whatsoever in any manner as a result arising from my participation in said race. I agree to allow my name and picture to be used in coverage of this event for legitimate purposes. I understand that my entry fee is non-refundable. Race will be held in rain or shine.

\_\_\_\_\_  
Signature \_\_\_\_\_ Date \_\_\_\_\_

\_\_\_\_\_  
Signature of Parent/Guardian if under 18 years of age \_\_\_\_\_ Date \_\_\_\_\_