



6th Annual HAMILTON SCHOOL COMMUNITY 5K RUN

Sunday, October 12, 2014

PRESENTED BY THE HAMILTON SCHOOL HOME and SCHOOL ASSOCIATION (HSA)

USATF-NJ CERTIFIED

<p>CHECK-IN LOCATION</p> <ul style="list-style-type: none"> Hamilton School 380 Harristown Road Glen Rock, NJ 07452 Rain or Shine <p>COURSE</p> <ul style="list-style-type: none"> USATF Certified Flat & Fast Course Timing & Scoring by TriState Timing Mile split times <p>SCHEDULE</p> <ul style="list-style-type: none"> 7:00 am - Check-In Begins 8:30 am - 5K Run 9:30 am - Fun Run 10:00 am - Awards 	<p>AWARDS</p> <ul style="list-style-type: none"> Top Three Male and Female Finishers Overall Youth, 10 year age group Top Male & Female Glen Rock Finisher Overall <p>AMENITIES</p> <ul style="list-style-type: none"> Race T-Shirt and Race Packet to first 300 Registrants and while supplies last Post-Race Refreshments <p>ADDITIONAL INFORMATION</p> <ul style="list-style-type: none"> Email elizabethsp73@gmail.com www.hamiltonhsa.com/pages/5k.aspx Call Liz Spence @ 917.860.8421 with any questions or email elizabethsp73@gmail.com
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ONLINE REGISTRATION: www.runsignup.com/hsc5k

HAMILTON SCHOOL COMMUNITY 5K & FUN RUN ENTRY FORM

Checks payable to: Hamilton HSA

Mail To: Hamilton School, ATTN: Hamilton 5K, 380 Harristown Road, Glen Rock, NJ 07452 by 10.5.2014

Last Name:		First Name	
Street:			
City:		State, Zip:	
Phone:		Email:	
Sex: M F	Age on Race Day:	DOB:	

FEES

- \$25 for 5K Run/\$30 Race Day
- \$8 for Fun Run (no shirt)/\$10 Race Day

T- Shirt Size

Sm Medium Youth Med
Large X-Large Youth Large

5K RUN

FUN RUN

In consideration of this entry being accepted, I hereby for myself, executors and administrators, waive and release any claims I may have against the Borough of Glen Rock, Hamilton School, the Hamilton School HSA, Hamilton Sponsors, contributors, sanctioning bodies or their representatives, successors or assignees for any injuries that may be suffered by me in this event. I also certify I am in the proper physical condition for this event. I give my full permission to use any photographs, videotapes or other recordings of me that are made during the course of this event in any news media.

Signature (Parent or Guardian if Under 18)

Date

10% of race fee will benefit the American Cancer Society