For Directions please visit:

www.bhprsd.org



Triton Regional High School

250 Schubert Ave Runnemede, NJ 08078

Phone: 856-939-4500 Fax: 856-939-4724

E-mail: bbain@bhprsd.org





Rain or Shine Saturday—May 16, 2020 8:00 AM



Location/Parking

Triton High School 250 Schubert Ave. Runnemede, NJ 08078

Distance

5K Run USATF Certified Course

Date

Saturday, May 16, 2019 (Rain or Shine)

Online Registration and Results www.LMSPORTS.com

Time

Registration: 7-7:45 am
Race Start: 8:00 am
Awards Ceremony: 10:55 am

Awards 5k OVERALL TOP MALE AND FEMALE WIN

1ST PLACE TROPHY

EVERYONE:

STANGPEDE FINISHER MEDAL

5th annual

STANGPEDE T-SHIRTS

Registration:

Student

First Na	ame:	
		Female
Address	s:	
):
Indicate	e:Run _	Walk
	T-shirt SM	t size: L XLXXI
E-Mail:		
Phone:		
		n-Refundable) on Day Of Race
Adult	\$25.00	\$30.00

Mail in forms must be postmarked by May 10, 2019

\$20.00

\$15.00

NO on-line entries after 10 pm on May 14, 2019

Make checks payable to: Triton Regional High School

> Mail entry forms to: TRHS ATTN: Brian Bain 250 Schubert Ave Runnemede, NJ 08078



WHAT YOU GET FOR RUNNING:

TOP MALE AND FEMALE

FIRST OVERALL TROPHY

EVERYONE RECEIVES

2020 STANGPEDE T-SHIRT

2020 FINISHER MEDAL

FOOD AT THE RACE PROVIDED BY: DELUXE BAKERY

SENSE OF WELL BEING FOR HELPING TRITON'S STUDENTS