Girls on the Run of Northwest Ohio Spring 5k

## Saturday, May 31, 2014 The Shops at Fallen Timbers

Open to all runners & walkers of all ages!



- Registration begins at 7:30 a.m. Race begins at 9:00 a.m.
- Chip timing for runners 13 years and older.
- At least one water station on the course. Healthy snacks and refreshments provided at the finish line.
- Packet pick-up at Dave's Running in Perrysburg on May 30<sup>th</sup>, 6:00 -8:00 p.m. and on race day beginning at 7:30 a.m. Start line is near the movie theater.

### Awards:

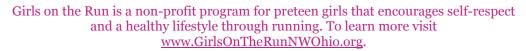
- Overall & Overall Master (40+) Male and Female.
- Age group awards in 5 year increments for runners 13 years and older.

#### Shirts:

• All participants pre-registered on or before May 23<sup>rd</sup> will receive a race T-shirt, registrants after that date are not guaranteed a race shirt.

## **Entry Fees:**

- Pre-registration for runners 13 years and older: \$25
- Race day registration for runners 13 years and older: \$30
- Registration for runners 12 years and younger: \$20











Race officials may cancel, delay or change the event in case of extreme weather or other conditions that may affect the safety and health of the participants. In the event of cancellation, refunds will not be issued. Race registration fees are non-refundable.

CUT HERE – ENTRY FORM MAY BE PHOTOCOPIED – PLEASE PRINT

# Girls on the Run of Northwest Ohio Spring 5k

This registration form is for Mail-in, Drop-off, and Race Day Registration. Please complete and return to 6000 Renaissance Place, Suite A, Toledo, Ohio 43623 or register online at <a href="https://www.GirlsOnTheRunNWOhio.org/5k">www.davesraces.com</a>.

| Participant:   |  |  |
|--|--|--|
| Age on race day:   | ☐ Male                                 | ☐ Female   |
| ☐ I am a Running Buddy for   |  |  |
| Address:   |  |  |
| City:  | State: _                               | Zip:   |
| Telephone:   | Email:                                 |  |
| Registration amount: \$ Please make check payable to <u>Girls on the Run of Northwest Ohio</u> . |  |  |
| T-Shirt Size: Adult $\square$ XS $\square$ S   | □M □L □XL □XXL                         | Race shirts are not guaranteed for registration after May $23^{\rm rd}$ .  |
| ALL RIGHTS FOR CLAIMS AND DAMAGES I MIGHT HA   | AVE AGAINST GIRLS ON THE RUN OF NORTHV | KECUTORS, AND ADMINISTRATORS WAIVE AND RELEASE WEST OHIO, SPONSORS, AND ALL RELATED PARTIES FOR M IN PROPER PHYSICAL CONDITION TO PARTICIPATE IN |
|  |  | <b>★</b>   |

Signature of Participant (Parent/Guardian if under age 18)



Date





