



UNITED WAY 3K

Saturday, January 20th @ 9:00 AM

Cove Spring Park, Frankfort KY

Distance: 3K (1.86 miles) – USATF sanctioned. Race #1 of the Frankfort Striders Series.

Entry Fee: \$10/ School Age Children \$15/Adults until January 19th. **\$20 race day registration**

*** THERE WILL BE NO RACE SHIRT. Instead, we invite you to bring an old white running shirt that you can tie dye at our "Color Bar Station". This will help us keep race registration costs lower and donations to United Way higher! ***

Packet Pickup: Please provide an email address so we can notify you about early packet pick up.

Race Day: Late registration and packet pick up begins at 8:00 AM.

Mail entry form (before 1/17/18) with check made payable to the United Way of Franklin County to:

United Way of Franklin County

P.O. Box 1544

Frankfort, KY 40602

Online Registration available at www.unitedwayfranklincounty.org

QUESTIONS? CONTACT UNITED WAY OF FRANKLIN COUNTY@ (502)875-1675 or uwoffice44@gmail.com

UNITED WAY 3K 2018 ENTRY FORM

Name Email

Male or Female Date of Birth Age as of 1/20/18.....Phone.....

Address City, State, Zip.....

WAIVER AND RELEASE

I fully understand that I have entered this even at my own risk and that the organizers will not be liable for any injury before, during or after the event. I declare that I am physically fit and waive and renounce any rights and claims for damages I may have against organizers from any loss/injury as a result of my participation in this event. I understand that for safety reasons race numbers for this event should not be given to runners who have not signed a declaration. I also release the publishing rights of photographs taken of me during the United Way 3K.

Signature Date

Parent Signature (if participant is under 18)