

AWESOME

It's Not What We Do, It's What We Are

June 24, 2017

Flower City CrossFit 5K - 8:30am

USAirport's 5K Run/Walk - 9:15am

Gates Fire Department Truck Pull - 11:00am



Are You Up To The Challenge?

Your team has 15 seconds to pull a 68,000 lb. fire truck.

Do you have what it takes to pull it the furthest?!

Register your team at airport5k.com



USAirport's 5K Run/Walk: \$20 February 1—May 1/ \$25 May 1—June 24/ Race Day \$30
Flower City CrossFit 5K: \$20 February 1—May 1/ \$25 May 1—June 24/ Race Day \$30
Gates Fire Department Truck Pull: \$50 per person up to 10 per team

☐ 5K Run
 ☐ 5K Walk
 ☐ Youth Passport Games
 ☐ Flower City CrossFit 5K
 ☐ Gates FD Truck Pull
 Truck Pull Division:
 ☐ Open
 ☐ Public Safety
 ☐ Academic
 ☐ Hospitality

Name: _____ Age on race day: _____ Gender: ☐ M ☐ F

City: _____ State: _____ Zip: _____

Phone: _____
Email: _____

T-Shirt Size: ☐XS ☐S ☐M ☐L ☐XL ☐XXL

Payment Type: ☐ Check ☐ MasterCard ☐ Visa ☐ Amex

Credit Card # _____ Exp. Date _____ Security Code: _____

I know that running a race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by the decision of the race director relative to my ability to safely compete in the run. I assume all risks associated with running in this event including but not limited to: falls, contact with other runners, the effects of weather including heat and/or humidity and conditions of the runway, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of you accepting my entry, I, for myself and anyone acting on my behalf, waive and release the Airport 5K, Lifetime Assistance, the Lifetime Assistance Foundation, the County of Monroe, the Greater Rochester International Airport, the City of Rochester, all volunteers and sponsors, their representatives & successors from all claims and liabilities of any kind out of my participation in this event before, during or after.

Signature: _____ Date: _____

Please sponsor me >>

Runner/Walker/Challenger Name: _____

Runner/Walker/Challenger Email or Phone: _____

Lifetime Assistance Residence (if applicable): _____

[illegible]