

# Uptown Derby Day 5 Miler

*Presented by*



5 miles  40 Furlongs

Last Name \_\_\_\_\_ First Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_

Birth Date \_\_\_\_/\_\_\_\_/\_\_\_\_ Sex: M or F

E-mail \_\_\_\_\_

- \_\_\_\_\_ \$25.00 through—Mar. 31
- \_\_\_\_\_ \$30.00 April 1—April 30
- \_\_\_\_\_ \$35.00 may 1—May 3
- \_\_\_\_\_ \$40.00 Race Day

PAID

\$ \_\_\_\_\_

First 500 participants will receive a LJ Short Sleeve Tech shirt  
"new Fabric" (unisex sizing)

XS   S   M   L   XL   2Xlarge (\$2.00)   (3Xlarge add \$3.00)

### Wavier & Release

In consideration of my being admitted to enter "Uptown 5 miler", I, for myself, my heirs, and assigns, executors and administrators, do hereby forever release and discharge Sportspectrum, RRCA, Sportspectrum Race Management, Norton Art Gallery, Woody Nesbitt and all other sponsors or affiliates their employees and agents, of and from any and all claims or demands for damages, injuries, or liability, in any manner arising out of participation in this event. I agree to indemnify and hold harmless the parties released above from any claims or demands for damages, for injuries or liability, in any way arising out of my participation in this event. I certify that I have prepared myself for this race and that I am in adequate physical condition to complete the event I have entered. I agree to follow all rules of this race and to permit myself be removed from the competition if in the opinion of Race Management that continuing would endanger my health. I understand that I am responsible for timing chip, I will return it or I will be accessed a lost chip charge of \$30.00.

Signature \_\_\_\_\_ Date \_\_\_\_\_

Parent/Guardian Signature if under 18 \_\_\_\_\_



# Annual Uptown Derby Day 5 Miler

Starts and finishes in front of the beautiful Norton Art Gallery. Race through the gardens of the R.W. Norton Art Gallery.  
*A very challenging 5 miler.*

Brought to you by: Sportspectrum, D-1,  
Special Thanks to: Sportspectrum Race Management, Woody’s Music Madness

Registration:  
\$25.00 through—Mar. 31,  
\$30.00 April 1—April 30,  
\$35.00 May 1—May 3  
\$40.00 RACE DAY.

Packet Pick-up: You can pick up your packet early at Sportspectrum beginning Thursday, May 2nd from noon—7 p.m. — Friday, May 3rd from 10 a.m.-5:30 p.m.— Race day at the race site in front of Norton Art Gallery starting at 7 a.m.

Swag: First 500 participants will receive a LJ Tech Shirt (short sleeve)

Starting Date/ Time: May 5th, 8:00 a.m. on Creswell Avenue in front of Norton Art Gallery.

Post Party: Join us after the race to enjoy exciting entertainment, food, drinks.

Awards: Overall winner & runner up male & female will receive the Coveted Derby Day Trophy & \$150 & \$100 (respectively) Gift cards to Sportspectrum.

Beat the course record and win an additional \$200 CASH! (see back for times)

Age Groups: 5K Male & Female, 1st & 2nd place: 19-under 20-24,25-29,30-34,35-39,40-44,45-49,50-54,55-59,60-64,65-69,70+.

Special Note: Under RRCA regulations, absolutely no baby joggers, strollers, bikes, skate devices.





## Past Winners

2017	1st Overall Male	William Songock	27:30.6*
	2nd Overall Male	William Ritter	27:33.3
	1st Overall Female	Taylor Dare	29:28.3*
	2nd Overall Female	Amy Natalini	32:56.0
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2017	1st Overall Male	Austin Mikovich	27:56.3
	2nd Overall Male	Gary Wilson	29:20.0
	1st Overall Female	Kaitlin Tanner	30:51.4
	2nd Overall Female	Shelley Armstrong	32:16.7

\* course records



**Five Mile Road Race**

**May 4, 2019**

**America's Greatest Race**

