

Michigan Nature Association

# Kirtland's Warbler Run

Saturday, June 4th – North Higgins Lake State Park

**Location:**

North Higgins Lake State Park  
Roscommon, Michigan

**Start Time:**

1:30p.m. Fun Run  
2:00p.m. 5K Run/Walk

**Course:**

Two laps around the Upland Nature Trail

**Packet Pickup:**

Race day, starting at 12:30p.m.  
North Higgins Lake State Park  
Roscommon, Michigan

**Parking:**

North Higgins Lake State Park  
Roscommon, Michigan

**Learn More:**

Contact Cassie Miller  
866-223-2231  
cmiller@michigannature.org

**Entry Fee:**

Kids Fun Run: \$10  
Postmarked by May 30: \$25  
Race Day: \$30

**Registration:**

Mail Registration Form to:  
Michigan Nature Association  
2310 Science Parkway, Suite 100  
Okemos, MI 48864

Make check payable to:  
Michigan Nature Association

Or email to:  
cmiller@michigannature.org.

**Awards:**

Special award to top male and  
top female in 5K and 1-Mile Fun

**Age Groups:**

- 5K Run/Walk:
  - 15-19, 20-24, 25-29, 30-34,  
35-39, 40-44, 45-49, 50-54,  
55-59, 60-64,  
65-69, 70+
- Kids Fun Run:
  - 1 Mile: 8-14

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Last Name: \_\_\_\_\_ Age on Race Day: \_\_\_\_\_  
 First Name: \_\_\_\_\_ Gender: M F  
 Phone Number: \_\_\_\_\_ Email Address: \_\_\_\_\_  
 Address: \_\_\_\_\_

\*\*Participants registered after June 30, 2016 are at risk of not receiving event apparel. Register early!  
 Waiver: By submitting this entry form, I hereby, for myself, my heirs, and any executors, waive and release all rights and claims for damages I may have against the Michigan Nature Association and all sponsors and the race management organization, for all injuries suffered by me in this event. I attest that I have trained sufficiently to participate in this event and I am physically fit.

Participant's Signature \_\_\_\_\_  
 Parent's Signature (if under 18) \_\_\_\_\_  
 Date Signed \_\_\_\_\_