

## 2017 AHEA 5K Route (Out & Back Course)



### Directions:

- **START** – The **Student Parking Lot** at the **MAIN Entrance** of Abington Heights HS
- Proceed through the **Student Parking Lot** behind the high school building pass the **Track & Fieldhouse** heading up **Benyon Drive**
- Turn **LEFT** onto **Welsh Hill Road**
- Turn **LEFT** onto **Gravel Pond Road**
- Continue on **Gravel Pond Road** until you see the **TURNAROUND** at the **intersection of Gravel Pond Road & Route 4017(also Gravel Pond Road)**
- Proceed **BACK** on **Gravel Pond Road**
- Turn **RIGHT** onto **Welsh Hill Road**
- Turn **RIGHT** onto **Benyon Drive**
- Proceed pass the **Fieldhouse** & behind the high school **Track** back through the Student Parking Lot
- **FINISH**