



# Love Life Live Big 5K

APRIL 24, 2016 - 8:00AM  
Grand Prairie, TEXAS  
**OFFICIAL RACE INFO**

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The information provided in this document will help you have a safe and enjoyable race.

All runners are required to pick up their race packet on one of the following dates at one of the following locations:

## **Packet Pickup**

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**April 23, 2016 - 6:30 am - 7:45 am**

Lynn Creek Park - Race Site  
Back Parking Lot by Boat Ramp

### **PACKET ITEMS**

Your race packet should contain your race bib (timing device attached), T-Shirt



**SATURDAY, APRIL 23, 2016**

6:30am - Packet Pickup Begins

7:30am - Packet Pickup Closes

7:40am - PA Announcements from Event Organizers

7:50am - Invocation

7:55am - National Anthem

8:00am - Start 5K

8:40am - Post Race Finish Festival begins

10:15am - Award Ceremony Ten Year Age Groups

10:20am Kids K

**5K Course**



**PARKING - DIRECTIONS**

**Race Site** - Lynn Creek Park, Grand Prairie, Texas, Boat Ramp Parking Lot

**5610 Lake Ridge Pkwy**  
**Grand Prairie, TX US 75052**

**Park Entrance will have entry fee of \$10.00**  
**(this is Park Fee for entrance and maintenance)**



## WATER STOPS

There will be water stops at miles 1.5 mile along the course.

## LIL TEXAS KID'S RACE

GET UP, GET OUT; GET MOVING is our motto for today's youth.

The Lil Texas Kid's Race is a one-mile that start and finishes at the same line as the 5K

## POST RACE FINISH FESTIVAL

All runners will be treated to a post race food line second to none. Breakfast Tacos by Meat You Anywhere BBQ, Trail Mix, Bananas, Oranges are just some of the items included in our post race food. There will be water and soft drinks available.

During the Finish Festival Pls stop by and visit with some of the vendors who have come out to help raise awareness about the BMF Project.

Cooks Childrens' Hospital  
Ft Worth Custom Pools  
Arlington FD Dive Team  
Texas Game Wardens  
GP fire and Police  
North Texas Special Response Team

# Weather Plan

We will run rain or shine, unless there is lightening is in the area, we will confer with the park officials and see if we can delay. We will use text messaging and email to notify you prior to the start of the race. If storms are in the area we will send the first update by 6 AM.

# BMF Project

The Love Life, Live Big 5K benefits The BMF Project. The BMF Project mission is to:

raise funding and resources for search and rescue agencies to have the necessary technology, equipment, and training to effectively perform their jobs.

promote proper boating and water safety education,  
provide Emotional support for the families who have to go through a  
search and rescue.

We are a 501(c)(3) charitable organization as determined by the  
Internal Revenue Service.

For more information: go to [www.thebmfproject.org](http://www.thebmfproject.org)

## 2016 Sponsors





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