5K Donut Dash & 1mile Donut Hole Run
"SWEETEST" Run in Clay County

Prizes

Top Male
Top Female

&

KIng Donut
Queen Donut

Date: 3/26/16
Time: 9am
Place: Louisville Rotary Club
168 S. Church St.
Louisville,il

Entry Fee:
$25.00 Pre-Registered
$30.00 Race-day Registration

All Participants who register by 3/14/16 will be guaranteed a race t-shirt

How It Works:

The 5k Donut Dash you will have the opportunity to run or walk the 5K and eat donuts along the way! There are 4 stations along the route, you can have up to 3 donuts at each station. (donuts must be consumed at station, you can NOT run with them) For every donut consumed 30 seconds is removed from your time. If you consume a Dozen Donuts an Additional BONUS of 2 minutes will be removed from your time. The 1 mile Donut Hole Run will have one donut hole zone with a limit of 12 donut holes per runner. For every donut hole consumed 10 seconds will removed from your time. BUT, You do not need to eat donuts if you do not want to! This will be a chip timed event.

INTERACT CLUB

RAPHAHOUSE
[LOVE-RESCUE-HEAL]

A Fundraiser Hosted by the Louisville Rotary Interact Club

Proceeds Benefit Rapha House

Name & Email:_____

Address:_____City_____State_____

Phone:_____ Age:_____ Gender: M / F   Shirt Size: S M L XL

Signature (parent or guardian must sign if participant is under18):_____

Date:_____