



Rotary Day 5K Race / Walk

Formerly "The Run for Marge"

Proceeds dedicated to local charitable causes including scholarships and the welfare needs of the local communities.



Sunday
June 12, 2016
8:00 A.M.
 Greenview Park
 27 West Parkway
 Pequannock, NJ 07440

After the race join the
 Pequannock Chamber of
 Commerce for their
 Annual Street Fair
 Newark Pompton Turnpike
 Pompton Plains, NJ
 10 to 4



ONLY RUNNERS, WALKERS & WHEELCHAIRS ARE PERMITTED (strollers permitted)

NO Rollerblades
 NO Pets / NO Bikes / NO REFUNDS

Course:

- Flat & Fast **USATF Certified 5K** (3.1 miles) with mile markers, 2 water stops & traffic control.
- **USATF Certified Course/Sanctioned event with Chip Timing by CompuScore.**

Registration online:

<http://compuscore.rsupartner.com/rotary-day-5k>

Awards:

- Top 3 Overall Female & Male Runners
- Top 3 Female & Male Runner in each age group.
- **AGE GROUPS:**
 9 and under, 10-14, 15-19, 5-yr groups ages 20 through 80+ & wheelchair division
NO DUPLICATE AWARDS

Amenities:

- **TECH T-SHIRTS!** To the first 300 registered 5K Runners
- Refreshments, Restrooms, & Music

CHILDREN'S FUN RUN:
 for 9 and under

Information:

- On-site registration begins at 6:30 am
- Registration ends 7:45 am

Save time on race day

- Pick up bib number, chip and t-shirt on Saturday June 11, 2016
- at **Senior House** (located to the left of the Pequannock Twp. Municipal Bldg) 530 Newark Pompton Turnpike, Pompton Plains, NJ 07444 from 3:00 pm to 5:30 pm

FEES	June 1st 2016	Post marked after June 2nd 2016
Registration 5k Run / Walk	\$25	\$30
USATF-NJ Member	\$22	\$27
Children's Run	\$5	\$5

2016 ENTRY FORM FOR THE ROTARY DAY 5K RACE / WALK (This form may be photocopied - **Please Print!**)

Make checks payable to: **"Pequannock Valley Rotary"**
 Mail this entry form and check to: **Pequannock Valley Rotary, P.O. Box 16, Pequannock, NJ 07440**
 Questions: Herb Hamilton 973-449-4248 or herbhamilton@optonline.net

First Name _____ Last Name _____
 Address _____ City _____ State _____ Zip _____
 Date of Birth: _____ Age on 6/12/2016 _____ Male _____ Female _____ 2016 USATF-NJ# _____
 Phone # _____ E-Mail _____ Adult Shirt Size (circle one) S M L XL

Please Check One: Runner Walker Wheelchair Children's Fun Run Fun Run Shirt Size (circle one) YS YM YL YXL

In consideration of your accepting this entry, I, the undersigned, intending to be legally bound for myself, heirs, executors, and Administrators, waive & release any & all rights & claims for damages & injury I may have against the Township of Pequannock, New Jersey, Pequannock Valley Rotary, & their agents, servants, successors & all other persons or entities involved in promoting or staging of the Rotary Day 5K Race. I attest & verify I am physically fit & have trained sufficiently for this event to be held Sunday, June 12, 2016 in Pequannock, NJ.

Signature _____ Parent's Signature if under 18 _____ Date _____