

Central Valley Presents
The Warrior 5K Run/Walk
Saturday APRIL 28, 2018

Please join us as Central Valley hosts the Warrior 5k Run/Walk. The event will start and end at the Walter R. & Lois A. Sylvester Wellness Center at Central Valley High School-Located at 160 Baker Road Extension, Monaca, PA 15061. The course will include Baker Road to CCBC, and CCBC, to Center Grange Elementary, and back to Central Valley HS Campus, ending at the Wellness Center. This event will raise money in order provide health and wellness equipment to our community members and students of the Central Valley School District. Our vision is to create healthier opportunities for our Central Valley Community, by connecting wellness education with recreation.

Schedule of Events

Pre registration Packet Pick Up at the Walter R. & Lois A. Sylvester Wellness Center on **Friday April 27th, from 5:00 PM to 7:30 PM**
7:30 AM Race Day Registration begins at the Walter R. & Lois A. Sylvester Wellness Center
9:00 AM 5K Run and Walk begins, with awards ceremony immediately following

Awards

- Trophies will be awarded to the top male and female finishers and to the top three finishers in each age group.
- All participants 10 & under will receive a participation medal.

Age Groups

10 and under, 11-15, 16-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70+.

Note: Attendance at this event constitutes consent to be photographed for use in print and/or electronic publicity for the Walter R. & Lois A. Sylvester Wellness Center.

To register online, please go to:

<https://runsSignup.com/Race/PA/Monaca/Warrior5KWalkRun>



Electronic Race Timing Done by: **SBR Timing**

The Warrior 5K Run/Walk Registration Form & Waiver

ONE participant per registration form. Please send registration and payment together.

Last Name: _____ First Name: _____

Date of Birth (MM/DD/YYYY): _____ Age (on race day): _____ Gender: M F

_____/_____/_____

Address: _____

City: _____ State: _____ Zip Code: _____

Email Address: _____

Phone: _____

Select shirt (Unisex): Adult S Adult M Adult L Adult XL Adult XXL Youth S Youth M Youth L

Entry Fees : Check made payable to Central Valley School District

Early bird registration: \$15.00 on or before February 28, 2018 guaranteed Shirt.

\$20.00 from March 1st-April 1st 2018 Shirts while supplies last.

\$25.00 from April 2nd - April 28th 2018 NO guarantee for Shirt.

Please send registration forms with payment to:

Central Valley School District ATTN: Joanne Chirico 160 Baker Road Ext. Monaca, PA 15061

Waiver

In consideration of the acceptance of this entry, I waive for myself, my heirs and assigns, all claims for damages which I might have against The Central Connect Warriors, its sponsors, The Central Valley School District, Center Township, or any organization, business, or individual as a result of any and all injuries which might be received during the contest. I also release any promotional materials of myself in connection with The Central Connect Warriors. The Race Director reserves the right to cancel any race due to lack of participants or unsafe conditions.

Signature: _____ Date: _____

Guardian Signature: _____ Date: _____

*“Connecting Education with Recreation for a healthier Central Valley Community.”
Central Connect*

