# VALLEY STREAM RUNNING CLUB

# 5K RACE

Sunday, April 29th, 2018
A.J. Hendrickson Park
Valley Stream, New York
Race begins at 9:00am

**REGISTRATION & T-SHIRT:**

**$20.00 Pre-registration deadline Sat., April 28th, 2018 at 6pm**
**$25.00 Day of Race:** 7:15am-8:15am at Valley Stream (Pool parking lot @Hendrickson Park)
THE FIRST 200 ENTRANTS WILL RECEIVE A VSRC T-SHIRT (while supplies last)
Packet pick up is strongly recommended for Saturday April 28th, 2pm-6pm at Valley Stream Community Center to avoid race day rush.

**TO REGISTER ONLINE visit: RunSignUp.com**

**RAIN OR SHINE/ NO REFUNDS**

**SEND ENTRIES (Payable) TO:**

**Valley Stream Running Club, Inc.**
**18 Holiday Court**
**North Woodmere, NY 11581**

**COURSE:**

Starts and ends at Hendrickson Pool Parking lot. A flat and fast 2 loop course. Proceed to the Gazebo area after the race for refreshments & Award Ceremony. Race timing by PR Timing.
****No baby strollers or pets allowed on race course****

AWARDS:

Awards to the first three male and female winners; Finishers Medal for all participants; Awards to the First and second place, male and female in each age group. 18 and under, 19-24, 25-30, 31-39, 40-49, 50-59, 60 & over. First male and female wheelchair division.

For information or applications visit www.vsrunningclub.org,
email valleystreamrunningclub@gmail.com, or call 516-214-1865

**Supporting our members for 2018 TCS NYC Marathon**

Valley Stream Running Club

## 2018 VALLEY STREAM RUNNING CLUB 5 K RACE (Registration – please print clearly)

*In consideration of your accepting this entry, I, the undersigned, intending to be legally bound, hereby, for myself, my heirs, executors and administrators, waive and release any and all rights and claims for damages I may have against the Valley Stream Running Club, their representatives, successors, and assigns for any and all injuries suffered by me in said event. I attest and verify that I am physically fit and have sufficiently trained for the completion of this run and a licensed medical doctor has verified my physical condition. I hereby authorize and give full consent to the Valley Stream Running Club to use and or publish photographs or video, of me or my child while participating in this Recreation program.*

FOR ACCURATE RESULTS, PLEASE PRINT AND FILL IN ALL INFORMATION CLEARLY:

PRINT NAME_____M_____ F_____

ADDRESS_____CITY_____STATE_____ZIP_____

TEL.#_____ E-MAIL_____ AGE ON 4/29/18_____ D.O.B._____ SHIRT SIZE (circle one) S, M, L, XL

SIGNATURE_____ PARENT SIGNATURE_____ (If under 17)


TRUSTEES
JOHN L. TUFARELLI
DERMOND E. THOMAS
SEAN WRIGHT

MAYOR
EDWIN A. FARE

DEPUTY MAYOR
VINCENT M. GRASSO

VILLAGE JUDGE
VIRGINIA CLAVIN-HIGGINS

VILLAGE CLERK
ROBERT V. FUMAGALLI