



Annual Spring into Fitness Health & Wellness Expo Zumba Warm-Up/1k and 5k

Saturday, June 18, 2016 – 5:30 pm

Mission Sports Complex

3930 Plantation Grove, Mission, Tx.

Registration Form

Full Name: _____
Gender: **Male/Female** (circle one) Age: (on race day) _____ Activity: **Running/Walking** _____
Email Address: _____
Phone: (_____) _____
Shirt Size: (circle one) **S M L**

EVENT INFORMATION: Fit Science Llc. is hosting the Annual **Spring into Fitness Health & Wellness Expo** on Saturday, June 18th, 2016. Proceeds from the event will go to support CASA of Hidalgo County. There will be race ribbons for age groups. Each participant will receive a free T-shirt with goodie bag.

PARKING: Parking is free at the Mission Sports Complex.

RACE FEE: 5k Early Registration \$20 (for 13 and over) or day of event \$25 (race shirts limited)
Please indicate payment method Cash, Check, Debit, Cash or Money Order

RACE FEE: 1k Early Registration \$10 (for 13 and over) or day of event \$15 (race shirts limited)
Please indicate payment method Cash, Check, Debit, Cash or Money Order

EVENT DISCLAIMER: Please review the following waiver and disclaimer. **By adding your signature, you accept this waiver and disclaimer.** Waiver and Release: By participating in this Event, I do so at my own risk. I assume all risk of injury, illness, damage or loss to me or my property that might result, including without limitation, any loss or theft of personal property. I consent to medical treatment in the event of injury, accident and/or illness during the **Spring into Fitness Health & Wellness Expo**. I agree on behalf of myself (and my personal representatives, heirs, executors, administrators, agents and assigns) to release and discharge the organizers of this event, its principals, its officers, & directors, its employees, all sponsors and their representatives and employees from any and all claims and causes of action (known and unknown) arising out of their negligence. I acknowledge that I have carefully read this 'Waiver and Release' and fully understand that it is a release of liability. By my signature below, I am waiving any right that I may have to bring legal action to assert a claim against any and all **Spring into Fitness Health & Wellness Expo** sponsors for their negligence. I hereby grant permission to any and all foregoing to use my name and likeness in any broadcast, telecast, video or print media reporting or advertising of the Event without compensation.

I AGREE Sign here: _____

Date: _____