



## Genesee Community Charter School

*at the Rochester Museum & Science Center*

657 East Avenue • Rochester, NY 14607

(585) 271-4552 ext. 463

[www.GCCSchool.org](http://www.GCCSchool.org)

January 26, 2016

Dear Kids and Teens of Monroe County,

For the eighth year, sixth graders from Genesee Community Charter School are inviting the kids in the Rochester area to take part in an exciting event that we are planning. Our class is organizing “**Operation KidFit 5K**” for youth ages 5-18. This event will be held the morning of Sunday, May 1, 2016 at Seneca Park. “**Operation KidFit 5K**” is designed so that **anyone can participate. It doesn’t matter what your fitness level is!** You can run or walk or do little of both. Our hope is that you will think about your health and take action!

For the sixth year, we have partnered with **Foodlink**. On the day of the run, participants are asked to bring items such as any canned Chef Boyardee product, Spaghettios, mac and cheese, canned vegetables, tuna, canned fruit, peanut butter in plastic jars, and granola bars for Foodlink’s *Backpack Program*. The *Backpack Program* provides weekend food for kids in need.

Let’s Get Fit!

The Sixth Grade Class @ Genesee Community Charter School

Sadie	Linden	Jack-Henry	Jack	Arturo	Alex
Boone	Tierra	Macey	Harrison	Grace	Merrill
Dylan	Shannon	Hannah	Isaac	Quinn	Christian
Natalia	Troy	Ariel	Harry	Lee	Cooper
Julia	Rae	Denim	Tea	Rita	



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### General Information

#### Who:

- ◆ All kids ages 5-18 years old are eligible to register for the event.
- ◆ Parents may run/walk with the kids...however you will not be officially registered, receive a t-shirt, or be eligible for prizes. If you choose to join your child, please send in the "Parent/Guardian Participant" sheet with your child's registration.

#### When:

- ◆ Sunday, May 1, 2016
- ◆ Check-in / Registration begins at 8:30 a.m. @ the Longhouse Shelter in Seneca Park
- ◆ Run begins at 9:15 a.m.

#### Fee:

\$15.00 per runner/walker and canned items such as any and item such as any canned Chef Boyardee product, Spaghettios, mac and cheese, canned vegetables, tuna, canned fruit, peanut butter in plastic jars, and granola bars for Foodlink's *Backpack Program*.

Payment can be made in cash, check (payable to Genesee Community Charter School) or money order. Payment must be sent in with your registration form.

#### Registration:

- ◆ Online at <https://runsignup.com> or download a form at [www.gccschool.org](http://www.gccschool.org).
- ◆ T-shirts are guaranteed for runners who register before April 8, 2016. *Remaining shirts will be distributed on a first come first serve basis.*
- ◆ We must have a parent's signature on each form.

#### Prizes:

- ◆ At the end of the race, *all* registered runners will be entered in a drawing for a variety of prizes. In years past prizes included health club memberships, gift cards to local sporting stores, balls, jump ropes, Rock Venture courses, etc.
- ◆ Participants must be present after the race in order to win a prize



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## Registration Form

Name \_\_\_\_\_ Gender M F Age \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Phone Number \_\_\_\_\_ School \_\_\_\_\_

Email Address \_\_\_\_\_

US ATF Certified Course  
Number #NY12102KL



<b>T-shirt Size</b>
_____ Youth Small
_____ Youth Medium
_____ Youth Large
_____ Youth Extra Large
_____ Adult Small
_____ Adult Medium
_____ Adult Large
_____ Adult Extra Large
_____ Adult XXL

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**Liability waiver and race agreement.** Registration is not complete unless signed by parent or guardian. Read this carefully before signing. I know that running is a potentially hazardous activity. I will not allow the above entrant to enter or participate in this event unless he/she is medically able to do so. I assume all risks associated with my child's participation in this event, including but not limited to, the effects of weather, traffic, course conditions, and course surfaces, falls, and contact with any other runners, spectators, or volunteers. I release and indemnify and hold harmless, Genesee Community Charter School, Monroe County, the City of Rochester and its agencies, the student's school and school district, volunteers, and sponsors from any claims, liabilities, losses, damages, expenses, including attorney fees and disbursements, arising from or relating to student's participation in this event even though that liability may arise out of negligence of the persons named in this waiver. I agree to accept the rules of this race. I consent to the use of statements made by my child, photographs, video, and sound recordings of the *Operation KidFit 5K* event for all legitimate purposes without compensation.

Parent/ Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

**Send registration forms to the above address with the \$15.00 fee.**

**Checks payable to *Genesee Community Charter School***



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### Parent/Guardian Participant

This run is *really* intended for kids from 5-18 years old. We will have many volunteers stationed along the entire route to ensure the safety of every child who participates. We do recognize that there may be some children who need parental support in order to participate. If you intend to encourage your child by running with him/her, sign and send this form in with your child's registration.

**I would like to run/walk with my child.**

Name \_\_\_\_\_ Gender M F

Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Phone Number \_\_\_\_\_ Cell Number \_\_\_\_\_

Child's Name \_\_\_\_\_ School \_\_\_\_\_

**Liability waiver and race agreement.** Registration is not complete unless signed. Read this carefully before signing. I know that running is a potentially hazardous activity. I will not participate in this event unless I am medically able to do so. I assume all risks associated with my participation in this event, including but not limited to, the effects of weather, traffic, course conditions, and course surfaces, falls, and contact with any other runners, spectators, or volunteers. I release and indemnify and hold harmless, Genesee Community Charter School, Monroe County, the City of Rochester and its agencies, the student's school and school district, volunteers, and sponsors from any claims, liabilities, losses, damages, expenses, including attorney fees and disbursements, arising from or relating to my participation in this event even though that liability may arise out of negligence of the persons named in this waiver. I agree to accept the rules of this race. I consent to the use of statements I make, photographs, video, and sound recordings of the *Operation KidFit 5K* event for all legitimate purposes without compensation.

Parent/ Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

**This should be signed and sent in with your child's registration *only* if you plan on participating with your child. Adults do not have to pay and do not receive a t-shirt.**