



**Monday, March 28 - 6PM**



# Dyngus Day 5K

**454 Greenwich, Valparaiso IN  
Hosted by Aftermath Cidery and Winery**

**Post Race Party with Music, Food, and Beverages\***  
**Race Shirts guaranteed to participants registered before 3/15**  
**\* food and one complimentary beverage included with race entry**

Awards for the 5K Run presented to the top overall male and female finishers, top male and female masters, and top three finishers in each age group:

14 & under; 15-19; 20-24; 25-29; 30-34; 35-39; 40-44; 45-49; 50-54; 55-59; 60-64; 65-69; 70-75; 75-79; 80+

Computerized Timing provided by T&H Timing..

No dogs, strollers, bicycles, in-line skates, scooters, or wheeled vehicles allowed on the course.

**Entry fee: Online Only \$25 (no additional processing fee). Mail-in \$28. Race Day \$30**  
**All mail in registrations must be post marked before March 23, 2016**

Name: \_\_\_\_\_ Age Race Day: \_\_\_\_\_ Gender \_\_\_\_\_

Address \_\_\_\_\_ City: \_\_\_\_\_ State \_\_\_\_\_, Zip \_\_\_\_\_

Phone: \_\_\_\_\_ E-Mail: \_\_\_\_\_

Shirt Size Small \_\_\_\_\_ Medium \_\_\_\_\_ Large \_\_\_\_\_ XL \_\_\_\_\_ XXL \_\_\_\_\_ No Shirt (Save \$5) \_\_\_\_\_

**Mail-in Race Entry Fee \$28**

Make checks payable to: NWI Races and send to:  
652 Wood Stream Xing, Valparaiso, IN 46385 , Valparaiso, Indiana 46385

In signing this form, I assume all risk and responsibility associated with running this event. I agree to waive any responsibility for injury or loss for the race organizers, sponsors, volunteers, or any other entity associated with this event. I grant permission to the above use of my image via photographs, video recordings or any other record of this event for any legitimate event purpose. I verify that I am physically fit and have trained sufficiently for this event.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

(signature of parent if under 18 years old)